



# Kanara Saraswat

Vol. 90, No. 9, SEPTEMBER 2009. | Rs. 20 /-

**US Secretary of State Hillary Clinton being received at the airport by Shailesh Bijoor, Joint Chief of Protocol, Government of Maharashtra**





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# Kanara Saraswat

A Monthly Magazine of the  
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Vol.90, No.9, September 2009

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## DONATIONS RECEIVED

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### SCHOLARSHIP FUND

#### (DISBURSEMENT FOR 2009)

Gautam G. Hemmady	10,000/-
(In memory of his wife Smt. Sunila Hemmady)	

## KSA's Saraswat Students' Convocation

Kanara Saraswat Association, in collaboration with Saraswat Club, Santacruz, will organise a Convocation of students who have passed various examinations conducted by Universities, Boards and recognised institutions, on Saturday, 24<sup>th</sup> October, at 5 p.m.

Venue: Between Buildings 10 and 11  
Saraswat Colony, Santacruz (West), Mumbai.

Shri Kuldeep V. Kalavar has kindly consented to be the Chief Guest and address the students.

Shri Uday Mankikar, Vice President of KSA, will be "At Home"

All students, parents and friends are cordially invited.

Shivshankar Murdeshwar  
Hon. Secretary



**Atmaram Haldipur married Sushila Nadkarni**

Bagalkot, 29<sup>th</sup> May, 1936

Seventy three years..... of married bliss, still going strong



*Congratulations on your  
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Durga Parameshwari and  
Holy Guruparampara to bless and  
grant you a long and happy life.

With love and best wishes  
from:  
Divgis, Shiralis, Gokarns, Kumtas  
and all friends and relatives





## From the President's Desk .....

**W**e celebrate World Water Monitoring Day between the months of March and October every year. This year's theme highlights the increasing significance of water scarcity worldwide and the need for increased cooperation to ensure sustainable, efficient and equitable management of scarce water both at international and local levels. Gujarat Science City and Gramalaya, Tamil Nadu, regularly organize camps to bring such awareness among women and especially, among children.

According to the World Water Forum, there is a water scarcity today but a huge saving of water is possible despite its use by homes, industry and agriculture. As far as trans-boundary conflicts are concerned, water management can be viewed as a trend towards co-operation and peace. Almost everywhere, water is wasted and as long as people do not face its scarcity, they believe that access to water is an obvious and natural thing. With urbanization, water consumption is bound to increase. However, changes in lifestyle and food habits may reduce the problem. For example, growing 1 kg potatoes requires 100 litres of water whereas producing 1 kg of cattle meat requires 13,000 litres. Therefore, we have to think seriously about water conservation. For healthy living, we need clean and safe drinking water. You will be surprised to know that India is the tenth largest bottled drinking water consumer in the world.

Tips to conserve water:

- Rainwater harvesting is a brilliant idea.
- Avoid leakage of water from taps. Check hidden water leaks.
- Turn the tap off when not in use especially while brushing teeth, shaving or washing clothes and utensils
- Direct the water exit from the kitchen to your garden. Water lawns on alternate days.
- Use water from a bucket instead of a shower for bathing
- Use minimum water for car wash.

Let us all join the project of water conservation.

On another point, the KSA website which was revived on August 15, 2009, will bring us closer globally through blogs, facebook and Twitter. Kudos to the team whose efforts have helped design and put up the website.

Shubham Bhavatu

**Dr. Harish Kodial**

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**Co-ordinator: Kishore A. Surkund**  
**Tel.: 23886461/ 22968660**  
**or on email : uksurkund@hotmail.com**

### **Shalini Sadanand Honavar**

says cheers on completing 80 eventful years  
on 24<sup>th</sup> August, 2009



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significant contribution in spreading  
love, happiness  
and cheer in our lives.**

From,  
Maya and Shyam Gunavanthe and family,  
Kishore, Aruna and Neel Honavar - Australia

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### **KSA's services appreciated**

**Dear Editor:** This is a note to congratulate each and every member of the KSA Family, who has put in years of sincere, selfless service to the organization, to make it what it is today. We appreciate KSA's endeavour to expand and vitalize itself.

The Kanara Saraswat Association has always been the voice of Chitrapur Saraswats, reaching out to the far ends of the world. It has always upheld basic, traditional values and our cultural and spiritual heritage, besides rendering valuable service to the community.

Here's to wishing the very best and praying to God and Guru for grace and guidance in the future. (We are all waiting anxiously for the KS Butterfly to emerge triumphant from its chrysalis)

**Dr. Ashok and Indu Gersappe, Bangalore**

**Dear Editor:** I wish to thank the KSA and its President, Dr. Harish Kodial, for arranging a "Doctors Meet" (KS, July 2009) to bring together doctors from our community who practice in Mumbai and its suburbs. We are happy to learn from the KS article, about our reputed doctors who specialize in different fields of medicine like Dr. Uday Andar, Dr. Prakash Mavinkurve etc.

We all know that "Health is Wealth". So, I feel that KSA should consider the suggestions made by the doctors at this Meet and see that at least some beds in Bhatia Hospital, Dalvi Hospital etc are made available to members who need hospitalization.

I wish all success to the KSA.

**Konaje Chidanand Rao, Bangalore**

### **'A new identity for KS'**

**Dear Editor:** This has reference to the 'new identity' not only of Nandan Nilekani but also of *Kanara Saraswat* with the new and attractive get-up of its August issue. Nilekani, 'the pride of India', has done us all proud - yet another feather in our community cap!

Hearty congratulations to all those involved in bringing out a beautiful magazine of a high standard! The effort taken by KSA and, more especially, by the

Editorial Committee, is indeed commendable.

Indeed, ever since its inception, KSA has been rendering laudable and dedicated service to our community.

**Shrikar Talgeri, Vile Parle, Mumbai**

**Dear Editor:** The new-look *Kanara Saraswat* is absolutely gorgeous. The printing is clean, the fonts chosen especially for the page "From the Presidents' Desk" are attractive and charming. The hint of color adds to the exquisiteness of the new *Kanara Saraswat*.

Congratulations to all those who have worked for this!

We now can't wait for the 10<sup>th</sup> of every month, when *Kanara Saraswat* is received at Ahmedabad!

**Vivek Hattangadi, Ahmedabad**

**Dear Editor:** Gurunath, Shivaram and I, and our children, though belatedly, thank profusely the Kanara Saraswat Association, Grant Road Local Sabha and Bandra-Khar Local Sabha for felicitating our dear father, Dattatreya Anant Bijoor, on his 100<sup>th</sup> birthday (31 May, 2009) for his devoted services to Shri Chitrapur Math and the establishment of Shri Anandashram (Khar Math), for his services to the banking sector, and for his numerous social activities that have benefited individuals both within and outside our community. We are also thankful for the best wishes showered on him.

**Vijaya D. Nadkarni (daughter), Chembur, Mumbai**

**Dear Editor:** I was happy to read about the Prarthana Shibir at Khar Math on June 7, 2009. I was pleased to note too that besides teaching various arts and crafts, it inculcates good habits of Surya Namaskar, working together and, above all, reciting our prayers.

I was disappointed to read, however, that after one session "... the children enjoyed some pizza, tomato wafers and an orange drink". With childhood obesity looming over humanity at large in all communities, why could not a traditional Chitrapur Saraswat breakfast snack be given instead of an all-time western favourite? These Shibirs are the right place to inculcate good healthy eating habits too. I strongly feel that we should encourage our children to eat traditional food which, sadly, is now dying out in our homes.

**Gourpriya D. Koppikar, Mumbai**



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**From 19<sup>th</sup> Sept to 28<sup>th</sup> Sept 2009**

**INVITATION**

|| Shri Gurubhyo Namaha ||    || Shri Bhavanishankaraya Namaha ||    || Shri Matre Namaha ||

Dear Devotees,  
Saprem Namaskara!

We are happy to announce that Parama Pujya Shrimat Sadyojat Shankarashram Swamiji has graciously consented to observe the forthcoming Sharadiya Navaratri from Saturday, 19<sup>th</sup> September to Monday, 28<sup>th</sup> September 2009 as well as Kojagari Purnima on Saturday, 3<sup>rd</sup> October, 2009 in the Divine Presence of Shri Devi Durga Parameshwari and in the Guru Sannidhi of Parama Pujya Shrimat Parijnanashram Swamiji III, at Karla.

The detailed programme is given below. We request all devotees to please participate in the entire Utsav with great enthusiasm.

Limited accommodation will be made available at Karla. For assistance to book, kindly contact Shri Dilip Sashital (09820014862 or 09920132925)

On behalf of Shree Trust  
Nalkur Sripad Rao  
Trustee

**PROGRAMME SCHEDULE**

**SPECIAL EVENTS**

Saturday, 19 <sup>th</sup> Sept	9:00 am onwards:	<b>Ghata Sthapana -</b> <ul style="list-style-type: none"><li>• Samuhik Prarthana</li><li>• Sankalpa</li><li>• Ghata sthapana</li><li>• Shami Vriksha sthapana</li></ul>
	12:30 pm onwards:	• Inaugural Dharma Sabha
Wednesday, 23 <sup>rd</sup> Sept	8:30 am	<b>Lalita Panchami -</b> <ul style="list-style-type: none"><li>• Shri Chandika Homa</li></ul>
Thursday, 24 <sup>th</sup> Sept	12:00 noon	<b>Samaradhana of Parama Pujya Shrimat Shankarashram Swamiji I</b> <ul style="list-style-type: none"><li>• Mahamangalarati at Shri Samadhi Sannidhi by Parama Pujya Swamiji</li></ul>
Saturday 26 <sup>th</sup> Sept	8:30 am	<b>Shri Durga Ashtami -</b> <ul style="list-style-type: none"><li>• Shri Durga Homa</li></ul>
Sunday, 27 <sup>th</sup> Sept	4:30 pm	<b>Mahanavami -</b> <ul style="list-style-type: none"><li>• Ayudha Pujana</li></ul>
Monday, 28 <sup>th</sup> Sept	8:30 am	<b>Vijaya Dashami -</b> <ul style="list-style-type: none"><li>• Shri Chandika Homa</li><li>• Ghata Visarjana</li><li>• Shri Shami Pujana</li></ul>
	6:00 pm onwards:	• Concluding Dharma Sabha

**DAILY PROGRAMME**

**6:00 am:** • Suprabhatam; **6.30 am:** • Jalabhisheka; **10:00 am onwards:** • Navaratri Nityapatha; • Shri Devi Anushthana; **12 noon onwards:** • Mahapuja, • Bhajana Seva by different Local Sabha-s  
**12:30 pm onwards:** • Shri Paduka Pujana, • Teertha Vitarana, • Bhiksha Seva, Prasada Vitarana, • Prasada Bhojana; **4.30 pm onwards:** • Lalita Sahasranama, • Stotra Pathana and bhajana-s  
**6:30 pm:** • Ratri Puja at Devi Sannidhi and Guru Samadhi by Vaidiks **7.30 pm onwards:** • Deepa Namaskara, • Shri Devi Pujana by Parama Pujya Swamiji, • Ashtavadhana Seva • Bhojana / Phalahara



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## Shailesh Bijoor - Master of Protocol

Shailesh Bijoor, 54, was born in Mumbai, as the eldest son of Vasanti (nee Amladi) and Vithal Taranath Bijoor. Shailesh spent his childhood in Mumbai where he studied at St. Mary's High School (ISC) and later at the H.R. College of Commerce & Economics. After graduating in Commerce from the University of Mumbai, he did his post-graduation in Law from the same University, specialising in 'International Law'. A brief stint with TELCO, Pimpri, followed before being selected for the Maharashtra Civil Services through the Public Service Commission in March 1984.

Shailesh started his career in 1984 in the Government of Maharashtra as Assistant Secretary and has worked in various capacities, in several departments - Revenue & Forests, Public Health, Home, and General Administration. In 1994, he was handpicked by Shri Sharad Pawar, the then Chief Minister of Maharashtra, and posted in the Protocol Division as Under Secretary (Protocol). Today, Shailesh is Joint Secretary and Joint Chief Protocol Officer of the Government of Maharashtra. His mastery over the subject of Protocol has seen him in this department for several years and considering the sensitivity of the subject, no Chief Minister has been willing to risk his transfer. Shailesh is a visiting faculty at the State-run Yashwantrao Chavan Academy of Development Administration (YASHADA) in Pune where, on invitation, he lectures on 'Protocol' to IAS probationers and other senior government officers. He is also invited by the Government of Gujarat to address their officers on issues of protocol at their State-run Sardar Patel Institute for Public Administration at Ahmedabad.

In his capacity as the Chief of Protocol, Shailesh has received various Indian and world leaders during their visits to Mumbai and Maharashtra – the late Rajiv Gandhi, A.B. Vajpayee, Bill Clinton,

Yasser Arafat, HH Dalai Lama, Prince Aga Khan, Prince Charles, Sir Anerood Jugnauth, Bill Gates and Margaret Albright, to name a few. Recently, he was asked by the Ministry of External Affairs, Government of India, to receive Mrs. Hillary Clinton during her visit to India after assuming charge as US Secretary of State. This visit was covered by all TV channels and various leading newspapers including the 'Washington Post' and the 'New York Times'. *The Times of India* carried the photograph of Shailesh Bijoor receiving Mrs. Clinton on her arrival in Mumbai on July 17, 2009, on the front page (see photograph on the front cover).

Most of us understand the duties of a 'Protocol Officer' to merely receiving and seeing off dignitaries but it would be of interest to note that the State Protocol Department, apart from State visits, handles matters of varied nature – swearing-in-ceremonies of VVIPs, National Day functions, State banquets, National Awards, State funerals on the death of high dignitaries in office, sensitive issues pertaining to 'Flag Code', 'State Emblem' and 'Foreign Diplomatic Missions', and many more. Protocol indeed is a very sensitive subject and has to be handled very carefully. Each dignitary has to be assigned his/her proper place. A slight deviation to the left or right, in the sitting arrangement, would be a fiasco. Shailesh, therefore, jokingly says, "Being in Protocol, I am one of the few officers who enjoy the rare privilege of showing the ministers *their appropriate place*." On a serious note, however, he adds, "Protocol to a lay man may look very rosy but, if things go wrong, it is indeed a bed of thorns... After all, a protocol officer has to confront the varying temperaments and egos of high-profile political dignitaries which is, by no means, an easy task."

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Shailesh's position entails high level planning, organisational and time management skills, including flexibility, attention to detail and the ability to work under pressure to meet changing deadlines. He often has to work outside normal business hours, as required. When we asked him to recount one such incident, he told us about a phone call he had received a few years ago, at 2 am in the morning from the Ministry of External Affairs Control Room in Delhi, informing him that due to bad weather over Karachi airport, a special flight carrying Mr. Yasser Arafat, President of Palestine, was being diverted to Bombay for refueling and was scheduled to land at 4 am. Being Head of State, requisite arrangements had to be made for Mr Arafat. Needless to say, Shailesh got ready and left for the airport, and the necessary arrangements were made well in time. What we learnt later (not from Shailesh, of course, who is known for his unassuming nature), was that he was running a high temperature that morning!

We asked Shailesh to tell us about a recent incident we had heard about – 26/11 last year, when Mumbai had come under a terrorist attack. The police-terrorist encounter was on at Cama Hospital, barely a few furlongs away from his residence and he could clearly hear the firing from his bedroom. Just then, the phone rang and the Chief Secretary at the other end, asked Shailesh to attend an emergency meeting at Raj Bhavan to co-ordinate the arrangements for the arrival of the Union Home Minister and the NSG Commandos from Delhi. Realizing fully well that the terrorists were just a few paces away, he dressed and immediately left in his official vehicle, which he had summoned. He returned only the next evening, keeping his family in great anxiety. Later that day, he recalled that en route to Raj Bhavan, he was following a vehicle on Marine Drive which started speeding on seeing the flashing light on his vehicle. It was only after that vehicle was intercepted by the police at Chowpatty and cross-firing had started that he realised that its occupants were none other than Ajmal Kasab and

Abu Ismail. The entire episode had occurred just a few metres away from his vehicle!!

A moment that Shailesh cherishes most is when he had occasion to spend around 20 minutes exclusively with Rajiv Gandhi in the ceremonial lounge at the Mumbai airport. Mr. Gandhi had just stepped out of office as Prime Minister and, along with Mr. Natwar Singh, MP, was on his way to Lusaka to attend the Non Aligned Meet as non-official delegates. "During our interaction," Shailesh recalls, "Mr. Gandhi enquired about the origin of my surname 'Bijoor' and was very happy to learn that I belonged to the Saraswat community. But what impressed me most apart from his pleasing personality was his soft-spoken and unassuming nature and the keen interest he evinced in Chitrapur Saraswats when I explained to him the contribution that our community has made to the nation."

Another memorable incident was his meeting with Dr. Abdul Kalam. As a part of his official duties, Shailesh is required to attend various National Days hosted by the various Consulates in Mumbai. On one occasion, he was invited as the Chief Guest at the Bahrain National Day. After the speeches and national anthems of the two nations, when dinner was in progress, Shailesh received a call on his mobile from Mr. Sheridan, Private Secretary to the then President Dr. Abdul Kalam, enquiring about the news of the death of Dr. Raja Ramanna at Bombay Hospital, He also indicated that the President wished to visit the hospital and a wreath should be kept ready, and that Shailesh should meet Dr. Ramanna's relatives at the hospital and apprise them of the President's visit. At that time, the President was on an official tour to Aurangabad and was awaiting his departure to Delhi at about 9.30 pm at the Aurangabad airport. Shailesh requested the Consul General of Bahrain to excuse him and went straight to Bombay Hospital where the hospital authorities informed him that Dr. Raja Ramanna was very critical (and no death had occurred in the hospital that day). This message was flashed back to



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the President's secretary. The President decided to visit Bombay Hospital but now, apart from a bouquet of flowers, all the other arrangements including a reception by the Governor and Chief Minister, a ceremonial lounge at the airport, transport, security, etc had to be made. Moreover, these arrangements had to be made in less than an hour as the Presidential aircraft was due to land at 1045 pm! However, on arrival, Dr. Kalam was pleasantly surprised to find that not only were all the arrangements in place but the red carpet was also rolled out. After visiting the hospital and before leaving for Delhi, Dr. Kalam did not forget to appreciate Shailesh and told Shri Sushil Kumar Shinde, the then Chief Minister, that just as Ram had Hanuman with Him, the Chief Minister was fortunate to have Bijoor in his team.

Undoubtedly, Shailesh's hard work and dedication to the job have seen him where he is today.

Shailesh was also on the Managing Committee

of the KSA from 1998 to 2006; he handled the portfolio of Jt. Hon. Secretary Holiday Home and Bhandardhara Project. It was during his tenure that a press conference was arranged at the Nashik Holiday Home for increasing its occupancy, a strategy that worked successfully. His liaising with Government authorities helped KSA in its different activities especially the annual Diwali programmes. Although his office commitments forced him to resign from KSA's Managing Committee, he still continues to help KSA and other institutions to the best of his ability. KSA knows him as straightforward, soft-spoken and modest but, at the same time, very firm in his convictions, and always doing his best to help those who approach him; and yet open enough to say no if it is not possible to do so. And though he may appear 'reserved' to a stranger, those familiar with him, will readily agree that he has a great sense of humour.



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**VIDYA GUNAVANTHE** was born in Mumbai. She has done her Masters in Psychology and has extensive experience in journalism, freelancing for leading Indian publications, such as *Sunday Mid-Day*, *Deccan Chronicle*, *Asian Age*, *Bombay Times*, *Westside Plus*, *Let's Travel*, *Femina*, *Women's Era*, etc. A story written by her has been made into a 90-minute feature film (titled 'Tune of Tandav') by Films Division, Government of India. A gifted writer, Vidya has authored three novels – *Tender Years*, *Of Dreams and Destiny*, and *Twice Upon a Time*. *Konkani Basics* is Vidya Gunavanthe's fourth book and her first non-fiction piece.



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3. Walk for one hour (45 minutes for ladies) during the day.
4. **ALWAYS KEEP SMILING** (at least inwardly). There is a wise saying **“IF YOU CAN'T SAY IT WITH A SMILE, DON'T SAY IT”**. **Totally eschew sneering**; it is more harmful for you than for the one you may sneer at.
5. **TRY THIS MEDITATION** immediately after waking up and when you go to bed. In between, keep trying to remember it as often and for as long periods as possible:
  - i) Consider that **CONSCIOUSNESS IS THE PRIMEVAL FORCE** from which all the Forces of Nature have emerged, and from which, in turn, have evolved the Universe and everything in it.
  - ii) Think that **CONSCIOUSNESS** is **INFINITE** in infinite ways. It is Omnipresent, Omniscient and Omnipotent.
  - iii) Light is the **ONLY** form of Consciousness that we can **SEE**. Everything that we think we see, is only when Light falls on it and **WHAT WE ACTUALLY SEE IS** not the thing but the **LIGHT** reflected by it.
  - iv) Assume that when a particle of an atom is smashed, it turns into Light and, therefore, it is a condensed and solidified form of Light. Every particle in the Universe, including every particle of your body, is nothing but Light. Therefore, **NOTHING EXISTS EXCEPT LIGHT which is the SPLENDOUR (BHARGA) of the CREATOR (SAVITA)**. The **GAYATRI** is rightly considered as the most prominent of all the **MANTRAS** of the **VEDAS** and chanted morning, evening and noon, considering the **SUN** (also called **SAVITA**), as the epitome of the **CREATOR'S SPLENDOUR**, which, in the words of the Bhagwad Geeta (XI.12), is akin to a thousand suns blazing in the sky simultaneously.
  - v) You are immersed at the centre of an infinite ocean of Light. Particles of your body are continually changing. Therefore, you are like a tiny whirlpool deep in the midst of the ocean of Light/ Consciousness. It is the current of the whirlpool that prompts all your thoughts and actions.
  - vi) If you believe in God, by whatever name you call Him and whatever form you think of Him, think that **LIGHT IS THE EVER PRESENT RADIANCE OF HIS GLORY**. He is infinite and infinite are His names and forms. All names and forms are His. He is constantly trying to prompt you through your conscience. Try to listen to His voice. If you do so as often as you can, His voice will come through more and more loud and clear. **REPEAT HIS NAME/MANTRA CONSTANTLY (GAYATRI, if you prefer it)** remembering that **YOU ARE ALWAYS IN HIS GLORY** which is described thus in the only verse that appears in three Upanishads –

Katha 2-2-15

Mundaka 2-2-10

Svetasvatara 6-14

D.L.BIJUR

Mobile : 9820127430

e-mail : bijur.6969@rediffmail.com

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\* or only **YUVASANA** described in para 12.20 of this writer's book 'Urge for Synthesis' published by Bharatiya Vidya Bhavan, Mumbai – 400007. Youngsters should additionally practise physical exercises – ideally, swimming or badminton – for half-an-hour in the evening.





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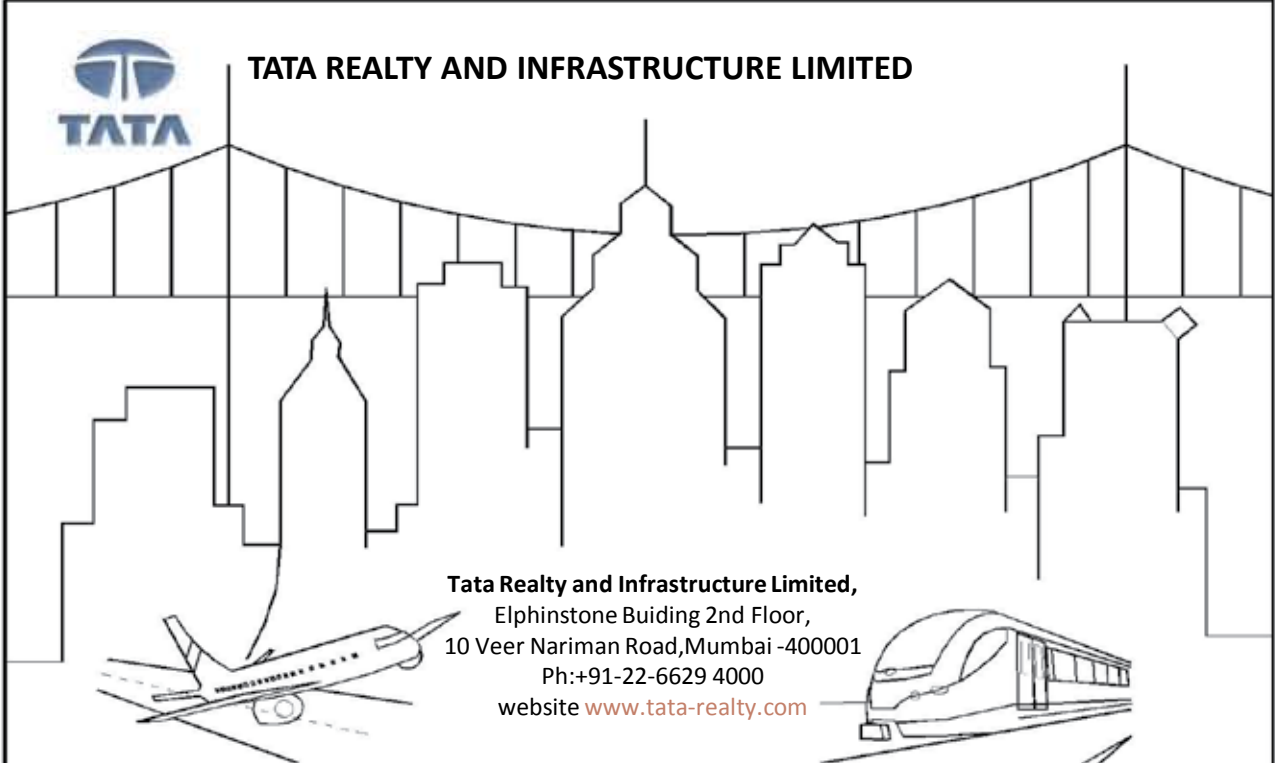
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# KSA spreads its wings beyond Talmakiwadi

SURESH S. HEMMADY

As I had stated in my June 2009 article, quite a few Chitrapur Saraswats whom we met during our Fundraising Campaign, perceive that “KSA is Talmakiwadi and Talmakiwadi is KSA.” In order to remove this perception, we formed Committees outside Mumbai - in Bangalore, Hubli, Kolhapur, Mangalore, Nashik and Pune. In Mumbai too, we formed Committees in Borivali, Santacruz, Vile Parle and Virar where substantial numbers of members reside. The idea of forming these Committees was that they would function and act as EA (Extended Arms) of KSA. The names of the Committee members were also announced after receiving their concurrence. The main objective of these Committees is to organize at least three programmes during the year in their respective areas so that, over a period of time, this perception of KSA is changed. We do realize that it will take a lot of effort and time but we are determined to make a sincere effort to change this thinking.

Toward meeting this objective, KSA's Managing Committee, with the help of some of the EA Committees, has planned programmes to be held in their respective locations during the next four months. This is only a beginning but we are confident that Chitrapur Saraswats both outside Mumbai and in the suburbs of Mumbai will welcome these programmes and give their full-hearted support. The programmes with their dates and locations are as follows:

Date	Location	Programme
August 30	Mangalore	Konkani Kavita Vachan by Sheela Khambadkone
September 5	Bangalore	Come & Sing along Karaoke
October 11	Borivali	Baby Show
October 15	Talmakiwadi	Ladies T20 Cricket Match
October 16	Talmakiwadi	Gents Volleyball Match
October 17	Borivali	Cultural Programme
October 18	Borivali	Cultural Programme
October 24	Santacruz Colony	Saraswat Convocation
October 25	Pune	Sant Tukaram in Marathi, Saraswat Mahila Samaj, Gamdevi
November	Kolhapur	Antarang - A Musical Extravaganza
November 1	Nashik	Sant Dyaneshwar in Konkani, Saraswat Mahila Samaj, Gamdevi
November 8	Hubli/Dharwad	P. L. Deshpande's drama
November 28	KSA Hall	Foundation Day Celebrations
December	Virar	Kala Vibhag
December	Matunga	Konkani Drama

On August 15, KSA has revived and reinaugurated its website; KSA President Dr. Harish Kodial launched it. There was also a unique presentation by Uday Gurkar and his team of Gautam Amladi and Rajeev Kalyanpur on a proposal to introduce Chitrapur Saraswat Network (CSN). When both these facilities become fully operational, it will undoubtedly benefit our community immensely and bring its members much closer — one of the main objectives of KSA.

*A full write-up on KSA's flag-hoisting ceremony followed by the launching of its website, on August 15, 2009, will be published in the October 2009 issue.- Editor*

## 60 Years of Selfless Love

By Nisha Bellare and Ruta Trasi

Our parents mean the world to us and although we know that no amount of words will ever be enough to let them know how much we appreciate them, we thought we would give it a shot anyway!

The oldest of eight much-adored children, our Amma, Geeta Nadkarni nee Upponi, loves to reminisce about her childhood and always tells us how Aju and Amamma (her father, Mohan Upponi and mother, Seeta) treated her like a princess. That was until Prince Charming (our Pappa) came along, of course!

Amma and Pappa were married on June 6<sup>th</sup>, 1973 and have been deeply in love with each other ever since. Amma makes it pretty easy to love her too. She is a simple soul with all the wants and needs of a hermit. She has a cupboard full of beautiful silk sarees but prefers the unpretentious voile cottons for their comfort. She finds wearing makeup insufferable and stubbornly believes that beauty is in the eye of the beholder. Her most precious accessories on any given day are her sparkling eyes and beatific smile.

*Staying away from Amma post-marriage, we have begun to understand, appreciate and love her even more. We are glad that we have her and that we have this opportunity to tell her what she means to us.*

Amma is all about family. She worships her parents' memory, adores her siblings: her sisters – Lata Nadkarni, Mangala (Nanda) Bellare, Nagaratna Rajashekhar, Shantam (Shradha) Shirali, Poornima Mudbidri, and her brothers – Vijay and Vivek Upponi. She is devoted to her husband, Uday and lives for her children, Nisha and Ruta, her sons-in-law Shivanand and Ashutosh, and grandchildren, Samarth and Nikhil.

When we were children, Amma was the disciplinarian and Pappa the one to run to when we wanted something. Amma played the bad cop to Pappa's good cop so effortlessly that we would tremble at the mere thought of conversing with her. Her tough love approach to parenting was difficult to understand then, but now we have her to thank for our balanced upbringing. Her super-calm, patient and forgiving nature saw us through our terrorizing teens and much of our 20s too. And today as grownups with families of our own, although we are both still very much 'daddy's girls', neither of us can imagine what we would do without Amma's insightfulness, her strength and her own special brand of Mommy wisdom to guide us through our tough times.

*Amma resumed her career after both her girls got married and is now a postal savings and insurance advisor to vegetable vendors, housemaids, garbage collectors, carpenters, tailors, painters. Her aim is to educate them about the saving habit which otherwise tends not to be a priority for them. We have heard touching stories of the effect her work has had on her clients. For instance, a lady who runs a printing press, told us that Amma's guidance in fund management had helped her to get her brother married in style, and the carpenter who works for Pappa on his architectural and interior design projects, said that he could educate his daughter with the money that Amma helped him invest and save!*

Amma embodies everything a mother is meant to be – pure, selfless love; a super-sized, kind heart; warmth, forgiveness, patience and a 'heart of gold' (as Pappa likes to put it). And we thank our lucky stars everyday for having a mother and a friend like her.

*Pappa has always been there for his daughters with his solid advice and sense of humour. Both of us have inherited his love for music composers like RD Burman, SD Burman, Salil Chowdhury, movie makers like Hrishikesh Mukherjee and actors like Naseeruddin Shah and Amitabh Bachchan. Pappa loves to travel and the impromptu vacations and road trips he took us on have bonded the four of us together forever. Pappa taught Nisha how to swim, drive and mediate her way through personal and professional relationships. He taught Ruta photography, cycling and the importance of faith and spirituality.*

*Nisha still remembers the day she came home disheartened and tired from the Annual Sports Day function at school. Pappa was there to press her feet and tell her how participation was more important than winning. Hari Prasad Chaurasia's rendition of "Ja tose nahin bole Kanhaiya" and Geeta Dutt's "Nanhi pari sone chali" take Nisha back in time as she fondly remembers how Pappa "played tabla" on her head and back and put her to sleep. These are Nisha's invaluable and precious memories of Pappa.*

*Ruta would love to recreate the walk with Pappa from Wadi to the library at Grant Road, where he took her to become a member because he knew how much she loved to read! She remembers how he answered her questions from "Why is the sky blue?" to "Why do birds eat worms?" patiently and sometimes for hours together! Pappa taught Ruta how to play table tennis on the living room floor with shoe boxes and books serving as the net!*

Like most married couples, our parents too have seen some tough times in their 36 years together. But through all the unpleasant surprises that life has thrown at them they have emerged as one – one unit made up of two tough individuals, steadfast and resolute in their unwavering commitment to one another. As individuals, they are patient, kind, selfless and giving. And as a unit, they have always made sure that they gave us all the emotional support, understanding and love that daughters need and, at the same time, brought us up with all the freedom and appreciation that sons enjoy.

We truly believe that we are lucky to have such wonderful human beings for parents and reiterate that no amount of words will ever be enough to let them know just how much they mean to us!

**Happy 60<sup>th</sup> Birthday Amma!**



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# Project - CSN (Chitrapur Saraswat Network)

UDAY GURKAR, GAUTAM AMLADI, RAJIV KALLIANPUR

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Network amongst two or more persons means an arrangement to facilitate the members of the network, in the interest of business or profession. It may or may not be for acquisition of any gain.

According to Wikipedia, “A Personal Network is a set of human contacts known to an individual, with whom that individual would expect to interact at intervals to support a given set of activities” and “...are intended to be mutually beneficial”.

One thing that all those who read this piece will agree with whole-heartedly is that the professional Chitrapur Saraswat diaspora has undergone a sea change over the years. Gone are the days when a Chitrapur Saraswat on completing his/her level of education would try and venture into the safe cushion of government or bank employment.

In recent years, Chitrapur Saraswat professionals/entrepreneurs are venturing into new and wider areas of expertise. Many have carved out a niche for themselves by achieving superlative success in their chosen field. Today, among others, Chitrapur Saraswat success stories could easily be found in the areas of industry, professional consulting, accounting, entertainment, advertising, defence, the arts, etc. It may also be true that many or most of these success stories have been crafted entirely by the individual by the sheer dint of dedicated, hard work and application of mind.

In contrast, traditional business communities such as the Marwaris, Gujratis and Sindhis, play a significant role in helping and fostering the entrepreneurial spirit and activities within their respective communities. This help could range from the right advice at a crucial juncture, a useful introduction to people who matter, to even providing seed capital for start-ups. A similar initiative in our community could see the scripting of a lot more success stories.

Thus, originated the idea of creating a platform for like-minded individuals to come together to establish a forum and help harness and spread the networking spirit among Chitrapur Saraswats, such that we try and help each other prosper to the ultimate benefit of the community at large.

This forum would aim to be a platform for Chitrapur Saraswats to spread awareness about their expertise and make information about the same available to those who may need it. Once infrastructural and other support is generated then other options could be reviewed.

With the advent of computerisation particularly the Internet facility, networking has become easier. The development of websites has facilitated networking members to come close and share their views, or through referrals obtain business, or provide professional services to each other.

We believe that the same concept if introduced amongst Chitrapur Saraswats, should benefit the members of our community as well as the associations (eg. KSA /SVC) to which they are affiliated. With this intention, we thought of starting this project known as “PROJECT – CSN.”

“CSN” stands for “Chitrapur Saraswat Network”. You are all aware that though our community is small, it is spread across the world. Our community has highly qualified and highly placed persons in all walks of life. Thus, such networking offers considerable potential in that our members can utilise the knowledge and expertise of these persons.

We are sure that individual members as well as the Chitrapur Saraswat community as a whole would benefit from the Network which will provide a platform to share knowledge and develop their business or professional services. The modalities of the project, the membership terms etc. are being worked out. It is a project that will be supported by KSA/SVC.Bank, the two frontline and premier Chitrapur Saraswat institutions.

We earnestly appeal to all those who agree with this concept, to offer their ideas/ suggestions/advice about the structure/operations of this forum.

We would also request prominent Chitrapur Saraswats to come forward and offer their constructive technical and/or financial support

Suggestions may be mailed to;

- ◆ Udaykumar Gurkar at: [Gurkar.uday@gmail.com](mailto:Gurkar.uday@gmail.com)
- ◆ Gautam Amladi at: [gautam.amladi@gmail.com](mailto:gautam.amladi@gmail.com)
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# Chitrapur Saraswat Professors of Mathematics

PROF. G.D. PADUKONE, BORIVILI, MUMBAI

At the last Foundation Day of KSA, my friend and contemporary, Prof. Arun S. Mudbidri of Goa, was honoured for his contribution to Education. In his acceptance speech, he mentioned two of our Mathematics Professors. This prompted me to write this article on the occasion of Teacher's Day, which falls on September 5.

In 1956, I joined the F.Y.Science class of Ruparel College, Matunga, Mumbai. The college was not well known among SSCE toppers then. However, it could boast of an enviable team of Professors, picked up by the management. Speaking about the Department of Mathematics, we had late Prof. D.P. Patravali, an alumnus of Cambridge University, and retired Principal of Elphinstone College & the Royal Institute of Science. We also had late Prof. Balakrishna S. Nagarkatte and Prof. (Dr.) Somashekar A. Naimpally, now settled in Canada. Each one of them was an excellent teacher with a mastery over the subject. In 1958, Prof. Naimpally appeared for his M.Sc in Applied Mathematics and scored a record in the University. The news spread so fast that our Jr. B.Sc. class of 50 students which he taught at the time, was flooded with nearly a hundred students who had come from other colleges to attend his lecture, and the Principal had to arrange a bigger classroom! Unfortunately for us, Prof Naimpally left our college and went abroad to do his Ph.D. and then settled in Canada. I must say that it was a loss for the student community of Mumbai and India.

Prof. Nagarkatte was known for his scholarly learning and was an excellent teacher. He could take any new subject with authority. At that time, the B.Sc.and M.Sc. syllabi were undergoing changes and Modern Mathematics was being introduced. Prof. Nagarkatte took Modern Algebra, a new subject for B.Sc. I remember him telling me that he was the only college lecturer who could solve problems given in a course of Modern Algebra by the TIFR (Tata Institute of Fundamental Research). faculty.

In the postgraduate course, two Chitrapur Saraswats were prominent: Late Prof. Mohan D.

Mavinkurve, Head of Department, Siddharth College, who could teach any subject at the M.Sc. level with ease, taught Algebra and General Topology. In the early sixties, there were very few books which students could lay hands on to study. The book by J.L.Kelly on General Topology is considered a reference book and Prof. Mavinkurve used to solve starred problems (very difficult ones). Another interesting thing about him was that he would come with a few books in German, French and Russian, and offhand translate the problems and solve them in class. He was also the only college teacher from Mumbai who would regularly contribute solutions to the 'Problem' sections of the American Mathematical Monthly (AMM) Journal. He advised his students to read articles from this Journal and try to solve the problems in the 'Problem' sections. Another professor was Prof (Dr.) Mangesh G. Murdeshwar who taught Algebra for M.Sc. Part I. Prof. Murdeshwar left for Canada in the early sixties and settled there. However, he used to come on sabbatical to Wilson College and take a few topics in Advanced Mathematics for the benefit of teachers.

This small article is a tribute to these great teachers who created an interest in me for Mathematics and encouraged me to take Mathematics as a career.

- Letters or articles of a controversial nature will not be published.
- The opinions expressed in the articles are those of the authors and not necessarily of KSA.
- 'Letters to the Editor' and articles are welcome. Letters should be brief, and articles should be about 800-1000 words preferably. Both will be edited for clarity and space.
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# Non-Chitrapur Saraswat Temples of Kanara Districts

## Part 2 - Shree Mookambika Temple

SATYANARAYAN PANDIT, ANDHERI, MUMBAI

One of the most worshipped and revered seats of shakti in the Kanara Districts. is Shree Mookambika Temple at Kollur. Recognized as a "Siddhi Kshetra",



the Temple is one of the seven foremost shrines (sapta kshetra) of Tulunadu. Here, Goddess Durga Parameshwari is believed to be the incarnation of the three highest forms of shakti manifested as Mahakali, Mahalakshmi and Mahasaraswati.

Kollur and the nearby Kodachadri Kshetra have a very close-knit association with our holy Guru Parampara. It is well known that PP Parijnanashram Swamiji II was at Kollur prior to taking over as the Mathadhipati of Shree Chitrapur Math, Shirali. Our Sadguru, PP Sadyojat Shankarashram Swamiji visits the Temple and Kodachadri regularly.

### Location:

The Kshetra is located on the banks of the holy River Souparnika. Originating from the Kodachadri

peaks of the mighty Western Ghats, the river is considered sacred and its waters believed to contain the rare quality of curing all diseases and helping to get rid of all ill-effects and sins. A dip in the holy waters is very much sought after by devotees.

Kollur can be reached from any part of coastal Karnataka and also from the rest of the state.

Connected by good, motorable roads, the Temple is about 128 kms north of Mangalore via Udupi and Kundapur and 46 kms. south of Chitrapur Math, Shirali via Baindoor. Devotees pour in daily in thousands from all parts of the State and also from the neighbouring State of Kerala.

**Historical Background:** Legend reveals that Kollur was known as Kolapura in ancient times and its divine greatness is described in all the three skandas of Skanda Purana. It is interesting to know how the deity came to be known as "Mookambika". It is believed that a great sage, Kola Maharshi, devoutly worshipped 'Para Shakti' in order to get rid of the demon Karihasura. The benevolent Goddess obliged, muted the demon first who thus became Mookasura and finally destroyed him. However, the Goddess felt pity on the demon towards the end, blessed him and decided to settle in Kolapura (present Kollur) after assuming the name 'Mookambika'. The Temple sculpture goes back to the Keladi Kings during whose time it saw a complete renovation. The records and copper plates indicate that the Vijayanagar kings and Keladi Nayaks worshipped Shree Mookambika as their principal deity.

**Kshetra Mahima:** The main deity of Kollur, Goddess Durga, is worshipped in the form of a linga. The golden line on the linga divides the idol with



Temple - inside view, inset Goddess Mookambika

a larger left side, thereby implying that the shakti here is more powerful. It is believed that Jagadguru Adi Shankaracharya

visited this shrine, offered prayers and installed 'Shree Chakra'. According to a local belief, the linga is a form of 'jyotirlinga'.

The Mookambika idol is made of panchaloha and is 90 cms. tall. The deity has three eyes and four hands and is in a seated *padmasana* position. This magnificent idol is believed to have been installed by

Adi Shankaracharya. There are a number of *parivara devatas* around the main sanctum sanctorum. Prominent among them is the Shree Veerabhadra Shrine. Others are Lord Subramanya, Ganesh, Mukhya Prana, Partheshwara, Chandramouleshwara and Gopalakrishna.

Kollur is a 'Punya Kshetra' and is immensely popular in the region. It is believed that the benevolent Goddess Durga fulfills her devotees' wishes and answers all their prayers. Tuesdays and Fridays are the most sacred days. *pooja* is offered thrice a day, and there is a daily *utsav* with 'Bali' *prasad bhojan* for all the devotees.

In front of the Temple, there is a tiny tank known as 'Agni Tirtha' where Maharshi Vasisht is believed to have performed Anushthana. The tank is considered to be sacred and is a place of worship.

#### Major Events and Festivals:

« Navaratri: The nine-day festival is the main festival and is celebrated with utmost devotion and grandeur. Tens of thousands of devotees visit the

shrine during this period to partake in the festivities and seek the Goddess' divine blessings.

« Annual Maharathotsava: This is observed during the Hindu month of Phalgun (Krishna Paksha).

**Kodachadri:** The Kodachadri Peak is about 20 kms. from Kollur. Surrounded by other peaks and thick green rain forests, it has an astounding, natural beauty. The peak is well known for 'Shankara Peetha', where, it is said, Jagadguru Adi Shankaracharya observed penance and attained 'Yoga Siddhi'. Kodachadri is also known as Sanjeevani Parbat. The peak houses two well-known temples dedicated to Lord Umamaheshwar and Kalabhairavi.

Kodachadri Peak is also famous for a natural wonder - a 14-metre high iron pillar which has been here from time immemorial, without any trace of rust. This is one of three such pillars in India - the other two are located near Qutab Minar in Delhi and at Dhar in Madhya Pradesh.

Source: *Dakhshina Kannadada Devalayagalu.*

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## Dilli 7\*

MADHAVI KATRE, DELHI

College life is one of the most amazing phases of one's journey in life. So is the case with me. Delhi University (DU), one of the most prestigious universities in Asia, has been my home for the past two years. Coming from the clean and green city of Jamshedpur, the bustling capital of India had me expressing mixed emotions. It was out of the blue that I landed in Delhi. All planned and set to be admitted to a college in Bangalore, my final destination was perhaps destined to be Delhi. The thought that I was to spend the next three years at Asia's best commerce college, Shriram College of Commerce, had me all excited.

Life in the North Campus was fun, but had its own set of troubles too! The first year had me still adjusting to life in Delhi, the hostel, new friends etc. Struggling with my home-sickness and also excited by the drastic change in my lifestyle, I truly enjoyed the experience. The amazing *chola bhatura*, the heavenly cheese Maggi, *aloo chaat* and *kulchha* became my staple diet, so much so that I was tired of it all in a couple of months - a huge surprise to

my parents when I returned home for my vacations and immediately demanded *batata pohe* and *dosas* (which I had hated previously!)

Attending seminars by the best known corporates and industrialists, workshops, taking part in demonstrations, DUSU elections ... had its own charm altogether. The DU culture soon had me hooked to it. The cosmopolitan nature of the University is a unique way of getting to know the north-east, south and north. The slumber parties, midnight birthday bashes, budget shopping at Kamala Nagar, vacations, the 'dreaded' months went by in a flash. Now that I'm in my final year of graduation at SRCC, DU, I feel it has all become a part of me. It's unbelievable how time flies and one's years in school and college pass by in a wink. Now, as a new year and my last in college begins, I'm ready to embark on a new journey yet again; putting my hard times behind me and looking ahead with renewed hope.

\* Delhi 7 is the pin code of the North Campus University area in Delhi.

### KSA's Swami Parijnanashram Pathology Laboratory

In the May 2009 issue of *Kanara Saraswat*, we published an article captioned "Upgradation of Swami Parijnanashram Pathology Laboratory".

This Pathology Laboratory was started in 1990 under KSA's Health Centre Scheme in KSA's premises. Subsequently, on June 12, 2001, it was named as Swami Parijnanashram Pathology Laboratory. While giving the historical background of the Health Centre in the above-mentioned article, a very important event remained unpublished inadvertently for which lapse we express our regret. This event took place during the Dattajayanti Utsav in Talmakiwadi - Param Poojya Swami Parijnanashram III wished that a pathology laboratory and x-ray unit should be made available to Chitrapur Saraswats in the KSA premises for the benefit of senior citizens residing in and around Talmakiwadi. Swamiji called Shri Prabhakar Bantwal and instructed him to donate the amount required to start a pathology laboratory and X-ray unit. Accordingly, Shri. Bantwal donated Rs. 32,500/- towards the Pathology Lab and Rs.75,000/- towards the X-ray unit. This Pathology Unit was to be named after Umabai Ullal Bantwal but it could not be done.

We are happy to announce that radiology investigations for deserving patients visiting the Health Centre will be arranged at concessional rates, thanks to the donation from Shri P.R. Bantwal in memory of his mother, Smt. Umabai Bantwal.



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## Husain ignited a possibility

PRABODH SIRUR, BANGALORE

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2 June 2012: PN, CEO of a large IT company, was looking at the invitation letter that was planned to be sent to M. F. Husain.

The letter was a request to the great painter to inaugurate an art gallery owned by the employees of PN's organization. What was unique about the gallery was that all the paintings displayed in it were reproductions of the paintings of the all-time great masters.

PN's mind went back by five years. That was when this new revolution had started in his organization.

It was November 2006; PN had been invited to MIT, USA, to attend a conference on 'The Emerging India'. After the conference, someone mentioned M. F. Husain's art exhibition at the Peabody Essex Museum. PN did not want to miss out on this opportunity of meeting the fascinating Husain.

PN not only could see Husain's collection but also meet and exchange pleasantries with the man himself.

Husain was curious to know what PN did for a living. PN told him about his organization and how it had become a matter of pride to the country, a feather in the cap of 'Emerging India'.

Suddenly Husain said, "Could I visit your company?" How could PN say 'No' to this!

Some weeks later, Husain visited PN's company. He saw the pride in everyone's eyes and was excited by what he saw. When he came back to PN's office after the visit, he told him, "PN, I want to create a painting for your company – 'An emergent India'". It was one of the happiest moments for PN.

As soon as Husain departed, PN had a meeting with his team members to share the story and to ask them how they could use this event for the benefit of their organization.

Sam, Head of BPO, said, "PN, a silly question; will he teach painting to some of our people?"

Suchitra, Head of Resourcing, said, "This looks to be a good idea. Our people will give their right arm if they can get Husain as their teacher."

There was a consensus that this was a very

unusual reward and people would definitely love it. The company got an amused Husain to agree to teach about twenty people for a week.

The names of the 'trainees' were declared during the unveiling ceremony of Husain's, 'the Emergent India'. The nominees were ecstatic about this new 'reward'.

It was an 'experience' for Husain to teach painting to these people; some of them knew very little about painting. But at the end of the week, each of them had created a painting, with a distinct Husain stamp of wild colours and heroic figures.

The paintings were proudly displayed in a prominent place in the company premises.

This event created a new revolution in the company. Many people who were good in painting met Sam and coaxed him to start regular classes.

And a new 'enterprise' started with a lot of participation. Teachers from a local art school, Chitrakala Parishad, were happy to teach them.

People came together on weekends, learned painting, created paintings and spent time together to share their happiness. They had never thought that it was possible to complete their unfinished symphonies, their dreams to paint. It was probably the best time of their life for many.

During one such discussion, Sanjib, who loved to paint in an impressionist style, broached a topic, "Why don't we paint the famous paintings of the masters and display them in our offices?" People were happy to do this. Someone said, "Sanjib, we are happy to do this but who will understand your impressionist paintings?"

Sanjib said, "Well, we all can create write-ups for each painting."

People liked the idea; many came forward to do the research and create write-ups about the paintings. Each group was assigned a "master" whose painting they could reproduce.

They all planned to create a hundred reproductions by the end of the next twelve months.

One by one, the paintings started adorning the

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walls of the company premises. Below each painting, people found small booklets describing the nuances of the work of art.

It was a matter of pride to those who had created the paintings because their photograph and name appeared in the booklets.

It was a matter of pride to the seniors when they brought visitors to show what their employees had created.

The initiative soon became the talk of the town. People absolutely loved the initiative. Many sent 'thank you' notes to PN; many others sent requests to PN saying, "Why are you partial to painters? There are many of us who have other skills and you must do something to fulfil our dreams too!"

PN visited the artists' hall on a weekend. He could see so many happy faces engrossed in recreating the masters' paintings. Each painting was of a high quality; a great job by the teachers and their students, PN felt. He was proud of his people.

Seeing PN walk around, people stopped their work and gathered around him. PN looked at his team with pride and said, "Great work, guys."

"I can clearly see the result of what you have created:

- 500 paintings on display in an art gallery at the end of three years

- half of Bangalore's population having visited your gallery

- a "must visit" place for tourists.

Congratulations! You would be doing a great service to the organization, to our city and to yourselves."

The dream he sold to his team three years ago, actually became a reality. Employees loved being part of the revolution. They raised funds internally to set up an art gallery.

.....PN came back to the present. His eyes rested on the invitation letter on the table. The result of the hard work of all his people was in front of him; an art gallery owned by his people, the paintings in it created by his people.

The gallery was inaugurated by the great Husain on September 17, 2012, his 97<sup>th</sup> birthday. The gallery, a major milestone of a journey that started

when M.F. Husain had visited PN's company and captured his people's pride on canvass.

People flocked to see great masters' paintings. The media splashed rave stories about the contribution of PN's organization to society, rave stories about the pride and sense of satisfaction of the artists. Management experts sang about various ways in which employees could be engaged for better employee satisfaction.

PN felt a deep sense of satisfaction that he could provide a platform for his people to express themselves and be happy.

[This is a fairy tale in the world of corporate life].

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## Cheerful little bulbul

SADHANA S. KARNAD, RATNAGIRI

The cheerful little bulbul  
another of my feathered beaus,  
perches on the window-sill  
and on and on he goes...  
singing to me lustily  
and then chasing after foes!

Sometimes he chatters non-stop  
stopping only to cock his head  
as if to ask, do I understand,  
and can he go ahead?

The vain little chap that he is  
he realises suddenly,  
that his feathers are a bit ruffled  
and preened and proper he needs to be!

He turns this way and that  
as he goes on a preening spree,  
fluffing his feathers, using his beak  
and forgetting all about me!

He gives his crest a final tweak  
and himself a final shake,  
puffs up his chest vainly  
like a truly roguish rake!

With a wolf whistle, my flighty friend,  
takes wing and off he flies!  
for he's spotted a female bulbul  
whom he just has to entice!!



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# Nuest color

# Nuest Color2

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# Nuest-3

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# Nuest Color4

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## My reality show

MEERA SASHITAL, DEONAR, MUMBAI

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As I relax in my armchair near main door, I can see the Madhumalati creeper entwining the Anant or the 'Cup and Saucer' plant and sprawling above the gate outside. The pink flowers in bunches are in majestic bloom and the creeper, hanging above the gate, gives the impact of a *toran*. In fact, it has stooped so low that it obstructs the passage of my visitors. They have to bend down to open the gate to enter lest they get hurt. The creeper is thorny but the pink flowers are exceptionally beautiful. At night, the pink flowers turn white and the whole creeper, intermingled with pink and white flowers, looks gorgeous.

The flowers have a wonderful fragrance, and as I sit in my armchair, their sweet smell wafts towards me. I love this creeper but my husband had said that it had killed his '*appus*' mango tree. The mango plant had grown into a huge tree covering our entire garden. But the Madhumalati had stealthily crept over it and managed to entangle it, almost suffocating the tree, and finally, to kill it. I think he was right for I feel the Anant plant too is going to face the same fate for I can see it withering. However much we had tried to remove the Madhumalati creeper, it had sprung to life again. Now it seems it has revived with a vengeance but like all good and beautiful things in life I am compelled to part from it and have to remove it to save other plants; it has to face its end.

As I watch, I see many birds coming in turns to drink water. Seeing the thirsty crow trying to sip water from the puddles on the ground, I have kept a bowl of water near the *tulsi* plant. I can identify the crow which comes punctually to drink water from the bowl because of a mark on its neck, and it also does not allow any other crow to come near the bowl till it has had its fill of water. Somehow, I find a kind of rare beauty in crows. It may not be colourful but overall, its slim neck and slender body, gracefully narrowing down to the tip of its tail, makes an impressive figure. Its beak is immaculate. It is neither too long nor too short but just the right size. Moreover, it is not crooked or aquiline like that of many other species. Besides, the shading of its black and grey colours with a smooth silken texture

reminds me of silk sarees in a showroom. The crow moves freely and boldly, holding its head high as if walking on a ramp! It is very intelligent as we already know from our childhood story of the crow and the pitcher; it comes with a morsel in its beak but dips it in the bowl of water before swallowing it.

There are other birds too which wait for the crow to leave to have a sip from the bowl. The most frequent visitor is the *mynah*. *Mynahs* are said to speak if trained like the one in the Kolkatta zoo (I had heard this as a child). Then there is the bulbul with a red crest on its head, warbling intensely while making jerky movements as if to keep the rhythm. The warble of the bulbuls reminds me of the vendors who used to reproduce such warbling sounds by blowing with a perforated windpipe into a small clay pot of water. The bulbuls are the most restless of birds, hopping from one branch to another, wagging their fanlike tails. Parrots used to invade the garden too but that was when we had the mango tree. They used to massacre the tree by pecking at the juicy *Appus* mangoes only to drop them down.

Now, I see a tiny, sweet little creature with a yellow breast, chirping 'twee twee'. It does not remain long and flies away before I have a glimpse of it. To enhance this beautiful scene further, is the blackbird with white splashes on its wings; I was alarmed to hear a hissing sound but was relieved when I discovered that it came from the blackbird itself. Now, on the eve of the rainy season, one hears the continuous coo of the cuckoos, hailing the rains. They start at the lower end of the scale, and rising in crescendo to reach a high pitch. I have counted and heard them repeat this as many as sixty times! It is pleasing to hear them except when this happens sometimes at midnight which, needless to say, is very disturbing.

I sit and gaze at this picturesque and magnificent scene before me, enjoying every bit of it: I see greenery all around punctuated with myriads of multi-coloured flowers. Everything is so enchanting that I am almost transcended, and marvel at the magnanimous Creator of Nature. Well, is this not a great Reality Show?



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# Can Yoga Therapy bust inescapable negative thoughts?

GEETA MOHAN RAO (NALKUR), MUSCAT

---

Have you ever been haunted by repetitive, scary thoughts? Some people complain that no matter what they do, their mind is fraught with inescapable negative thoughts as though emerging from their brain's sewage system and which may scare the daylight out of their lives. This daily dose of negativity stems from our surroundings and especially from exposure to the media which has been responsible in instilling new-age terror through almost continuous visuals of violence and injustice on various TV channels. Viewers absorb all this and begin to believe that their very existence is threatened at every moment. This acute anxiety wipes out the concept of a sound sleep. Gone are the days of 'sweet dreams' at night as 'dreams' too, invariably turn into 'chilling nightmares' that can exhaust a dreamer even during his/her rightful rest time. This certainly affects one's normal thinking and decision-making ability leading to a very unsettling experience. Today, many people who chronically suffer from this syndrome look for some instant remedy to bust this negative thought cycle and affirm to themselves that their sanity is intact and they are not mentally ill.

Controlling, suppressing or ignoring such continuous daunting thoughts becomes the greatest challenge. Abiding by mental discipline and adopting approaches like Auto-suggestion (Affirmation) and Meditation are easier said than done unless there are simple and interesting structured techniques to face, alter, avoid or challenge such nasty thoughts.

There are several Yoga therapies which are based on the removal of toxins from the core of the mind to strengthen the 'Pranic (Energy) Field' and serve like a 'Spiritual Detox'. Given below are some Healing Affirmations which eventually bust negative thoughts and prevent any serious effect from entering stray thoughts. These can be adopted as per preference.

1. Face the negative thought as it enters the conscious mind. Take a good look at it and check whether it is a tangible thought or just a habitual feeling or imagination. Verbalize it in the mind and your conscience will assure you that it is nothing but deep-rooted anxiety. When you actually face the thought, it will bear a name or a theme which will

help in deciphering and locating the innermost feelings responsible for such a thought. Deep-rooted insecurity, lack of confidence, low level of self-esteem, guilt or frustration are some of the common feelings and once this is recognized, the 'old-mould' thought process will be broken down and it will help create a new neural pathway in the brain to think positively.

2. Write about the fearful/negative thoughts or incidents in black ink and then write about just the opposite/positive thought in colour ink which helps in brightening the spirit and elevates optimistic thinking. Also, writing about how your ideal life should be, fosters hope and ambition. The unconscious mind does not know the difference between reality and imagination. By visualizing your ideal life frequently, you will be brain-washed into accepting it as natural, which is part of the 'Positive Affirmation' or 'Auto-Suggestion' technique. This is an interesting part of meditation where you lodge your mental energy on any topic or a theme like a clutter-free mind, peaceful disposition, great interpersonal relationships, better jobs, a higher standard of living or a heightened spiritual level etc.
3. Make a list of people who drain your energy. Identify yourself with their personalities and you will know their reasons for being so. This fosters understanding and tolerance. Side by side, make a list of people who nurture your personality, who love you and you love being with them. Experience the 'feel-good' hormones which can diffuse the fear circuit.
4. Controlling or changing other peoples' lives or trying to reform people, or interfering in incidents or situations, brings a tremendous load on one side of the brain, resulting in overuse of the brain energy which then tends to lean towards negativity. Accepting people as they are, confirms the eternal faith in the ultimate scheme of things. By using some interesting techniques, the other unused faculties of the brain start to surface; for instance, instead of the right hand, using the left hand for opening the door, wearing sunshades,



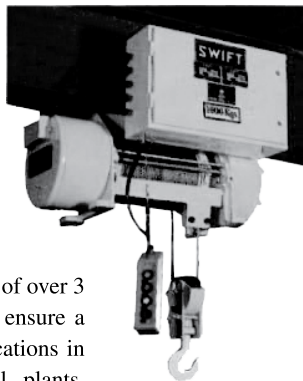
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brushing the teeth etc. can trigger some new positive impulses in the brain.

5. Negative or obsessive thoughts can be arrested by being proactive when doing something to counter them. Being with a group of like-minded people and participating in social activities for uplifting those who are less fortunate, helps in bringing out innate, buried compassion and generosity. This gives one a 'helper's high' feeling and brings out many other hidden potentials that are positive and gratifying.
6. When the brain gets into the 'whining and moaning' mode, it produces a hormone called 'cortisol' which has a negative impact on the immune system making one more vulnerable and susceptible to illness. Drawing the 'swastika' the other way around with each negative thought and

then drawing the same in its original form helps in converting negative thoughts into positive ones.

Busting negative thoughts is an art. As one's mind converts every thought into a negative one, one should try consciously, by devising one's own techniques as well, to negate the negativity by training the mind to switch every negative thought into a positive one.

Try some of these therapies and you will notice a subtle change in your personality. You will instantly look at the positive side of any given situation and swing it to your advantage. This great skill will make you jovial and cheerful. You will start noticing happy events, your mind will be filled with positive thoughts and you will infect those around you with happiness and harmony.



Prithvika Honavar participated in Bal Utsav 2009 individual singing competition held at ISKCON at Hare Krishna Land, Juhu, Mumbai on 19th July, 2009 and won the Second Prize among 45 contestants (in the IIIrd and IVth standard category) from all over Mumbai.



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# How can senior citizens make themselves more secure?

VANITA KUMTA, MUMBAI

Life and death are two unescapable realities but living life to its fullest and, at the same time, safeguarding oneself against eventualities - physical (health), mental (of the mind) and economic (financial) - is something we silvers can try to do.

As expressed by several other senior citizens, one often chooses to live on one's own whilst the going is good so as to have one's own niche in life. "An idle mind is the devil's workshop" - the saying goes; so, any occupation, however trivial it may seem to others, must be nurtured if it gives one the much-needed sense of well-being. In short, try to fill up as many blank spaces of time with such activities.

We too have registered with the police - elder line, but, so far, we have never had them visit us. How well it works in case of an emergency remains to be tested or imagined. Meanwhile, building up one's stamina, flexibility and

agility with changing exercises for the body and brain with a religious fervour, trying to be as independent as possible whilst remembering we are not doing others but ourselves a favour by keeping up with as active a lifestyle as possible, trying to seek solace in activities which once upon a time one may have wanted to do but could not, if possible equipping the house and oneself with gadgets for work and security as per one's financial limitations will definitely smoothen life's creases. Most of all, one should never be overawed by the cases that appear in the media but, at the same time, remaining vigilant is the key to the security of silvers.

Let us not forget that these are our bonus years. Let's make the most of them and shine like glow worms if not like stars. Cheers! We have weathered many storms and we can and will weather this last one too. Jai ho!

॥ Shri Shantadurga Prasanna ॥

॥ Shri Gurubhyo Namah ॥

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# This is India

KUMUD NAYEL, BANGALORE

---

We lived in big houses during those years when my husband served the country's defence services, wearing a smart uniform. The house had a garden, a huge drawing-cum-dining area, bedrooms enough to board even 15 living-in guests, a pantry, store, kitchen and, of course, a courtyard which housed the servants' quarters. A little touch to a bell in our dining room, even by mistake, and we would have a member from the servants' quarters at our backdoor, to do our bidding, "Yes, Memsaab."

In one such servants' quarter, during our long stay in Delhi, we had a *dhobi* family, serving us. Except for pressing our clothes, they would do everything else for us, right from driving the car, sweeping floors, washing clothes, tending the garden a bit, and pitching in to make the pile of *chappatis* when we had guests. They were *dhobis* by profession when they fled Burma during World War II but on migrating to India, had taken up other skills. Being a joint family, they did all these chores for us, by turns. There was even a cute baby girl in those two little rooms who would come and play with our children.

After our tenure in that house was over, we changed several houses in Delhi - my sons grew up into men but the *dhobi* family remained a part of our family long thereafter. However, some time during our busy house-shifting schedules, we lost touch with our faithful *dhobi* family till one afternoon in summer when they visited us. They had come to invite us for their *grihapravesh*. They had built their own house and did not need to stay in servants' quarters anymore. Rukmini, who had spent hours sweeping floors in my house, had now hired a servant to sweep and swab the clean floor of her new house. There was a refrigerator in the corner and an air-conditioner which kept zooming while we were served lunch. The tiny girl who had played with my kids, led me to a basement and showed me the beauty parlour she had put up - she had completed a full skin and beauty diploma course at Shahnaaz Hussain's.

After lunch, Om Prakash, who used to drive our Fiat while living in our servants' quarters, bowed and asked us if he could drop us home in

his Maruti 800. He now ran an auto mechanical / electrical workshop along with his brothers in the Cantonment. Their wives, who had rolled out our *chappatis* in my kitchen, operated small outlets selling ladies' garments. All this and more - we saw a small door opening out into the courtyard.

"What is that?" I asked Om Prakash.

"Memsaab, that's the laundry we have put up." He opened the door gently, as if he was entering a temple. There was an ironing table, an old cast iron hot-press, a stone slab and a swab.

"This was my father's worktable," said Om Prakash proudly. "My father pressed clothes and brought us up."

Om Prakash looked longingly at the table, held his head high and said, "We are putting up a laundry here to honour him."

The intent face in the photograph that hung above the table looked straight ahead of us, and smiled, "So dude, this is India, man!"

---

## I have a dream

MIHIKA PAIDHUNGAT

I have a dream: for World Peace  
Animals are our friends,  
At night, they keep us safe and sound.  
Water pollution is bad,  
To see fish die, makes me sad.  
To stop pollution in the air,  
We should travel together everywhere.  
Child labour is mean,  
For me, it cannot be seen.  
World peace is what we need,  
Friends we should all be indeed.

---

Mihika, 12, is a student of Std. 7,  
Bombay International School, Mumbai

# A visit to Ansuymaja Matimand Nivasi Vidyalaya, Igatpuri

VIJAYA NADKARNI, MUMBAI

On her 100<sup>th</sup> birthday, Smt. Rukmabai Tallur, 'a saint of new India', had a vision – providing food, shelter and education to poor, handicapped *adivasi* children. A true karmayogi, who had devoted all her life to the service of humanity, knew that to benefit humanity one must dream big ... So, with the gifts that she had received, she decided to walk the first few steps toward fulfilling her dream project - that of building a residential school for the mentally challenged and hearing impaired at Igatpuri, 100 km from Mumbai towards Nasik. She told her niece, Shitala Pandit, to take the money and build the school, setting Shitala's fears (about the need for a lot more funds) to rest by saying, "Don't worry, you walk 10 steps and God will help you walk a further 20 steps." Rukmakka's zest to serve people and above all, her enthusiasm to visualize such a big project even as she stepped into her 101<sup>st</sup> year, inspired Shitala to embark on this mission.

Our visit on July 12, 2009, was to attend the Gana Homa, Vaastu Pooja and Navgraha Homa on the completion of the first phase of construction (the ground floor) of the dream project – the new School, Ansuymaja Matimand Nivasi Vidyalaya (see photo below). The ground floor has 7 classrooms, 2



dormitories, a kitchen, dining hall, toilet blocks and an activity hall – an open space in the middle where indoor games and other activities can be organized for the children (see photo in next column).

Built on half an acre of land, in beautiful, scenic surroundings, near Vipasna Kendra at Igatpuri, the residential school has facilities to accommodate

and educate 103 children - 50 hearing impaired and 53 mentally challenged, all under one roof - till now, they went to separate schools in temporary accommodation (now in a dilapidated condition). The schools are recognized by the Social Welfare Department and hold a Grade "A" certification. The children, come from poor, illiterate *adivasi* homes in the remote villages of Nasik District – for their parents, when getting even a daily meal is difficult, giving them some formal education let alone providing facilities to overcome their handicap and become self-reliant is nothing short of a distant dream.

To the clapping of hands, the children were welcomed into the building, which was to be their new home now. The children, assisted by the dedicated staff, were led to the activity hall, where they showed the skills they were learning. Some of them sang a few nursery rhymes. Others enjoyed drawing on the new soft board, guided by a donor, Smt. Kusum Karpe, who had thoughtfully brought it for them. The innocence on the faces of these



'special needy children' brought a tear to the eyes of the visitors.

The *pooja* was performed in the main hall with beautiful, flower-bedecked marble *moortis* of Saraswati, Shiva, Hanuman and Swami Samarth. The main deity, a marble *moorti* of Shree Ganesh appeared to smile benevolently on the work accomplished. After partaking the *prasad* and enjoying the tasty lunch, came the most important function of honouring those who had contributed

to the materialization of the first phase of the dream project. Smt. Shanta Madiman, Rukmakka's sister, did the honours to: the Principal of the mentally challenged children's school Shri Naval Sonar and his wife Smt. Kalpana Sonar, who heads the hearing impaired children's school [the dedicated couple has been living in the school since the last two years, doing a laudable job for a nominal honorarium from the trust - Punyatma Prabhakar Sharma Seva Mandal (PPSSM)]; Shri Valu Sopnar, fondly called 'Baba' (from whom the plot was purchased) was honoured; Shri Arun Gokarn for managing the construction, together with his team of dedicated workers, on a no-profit basis and, at times, below cost by extending credit; and Shri Bharat Shah, a renowned architect, for his valuable service and gifts of various useful articles to the school. The function ended with a 'Hip Hip Hurray' to Shitala for her unstinted and selfless endeavour.

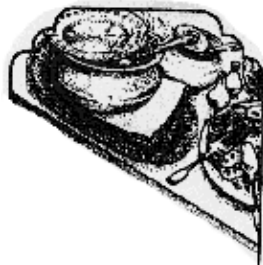
But the dream project is far from complete - the first floor of the building has yet to be completed so that the classrooms can be shifted to the first

floor and the ground floor can house vocational workshops where the children can learn livelihood skills to become self-reliant. Special provisions such as sound-proof rooms and sound equipment also need to be installed for the hearing impaired.

We were amazed to see the humanitarian work done by PPSSM. So now it is our turn to help. "Time is Money" it is said – all of us may not have the time but can we not do our bit for society by donating our mite? We can be assured that every rupee donated will be put to very good use. We spend so much on occasions like birthdays, marriages and other celebrations; we should decide to donate to such noble causes on every such occasion.

Whenever you pass by Igatpuri, remember to take a left turn at the 'Mahindra & Mahindra' plant and then wind your way past Vipasa Kendra. There you will see Rukmakka's dream project taking shape which will make you feel happy and proud to be a Chitrapur Saraswat. You could also contact Shitala (Tel: 022-26601837) for further details about the project or for a visit.

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# The left-handed brigade

SHRIKAR TALGERI, VILE PARLE, MUMBAI

---

Many students who are exceptionally good at Mathematics are left-handed. This is mainly due to the dominance of the right brain which is the seat of mathematical reasoning ability.

Most left-handed children in India use their right hand for eating. The right side of our brain controls the left side of the body and vice versa. Usually, the left brain is a little larger and so, it makes the right side of the body more dominant. But, in left-handed individuals, the right brain is larger making the left side more dominant. But why does this happen? Nobody knows for sure, yet. Scientists agree that hand orientation is probably determined by a complex interaction between genes and the environment. Nevertheless, exposure to higher rates of the hormone - testosterone - before birth, can lead to left-handedness. Testosterone suppresses the growth of the left side of the brain as reported recently in a medical magazine .

In many civilizations, 'left' meant bad, even sinister ('sinister' comes from the Latin and means left-hander). Being left-handed was once stigmatized by society. No effort was spared to correct this condition. Nobody dared to proclaim himself/herself to be left-handed as the word 'left' had negative connotations. Meanings evolved from the use of these terms in the ancient languages. For example, the right hand has historically been associated with skill (in Latin, *dexter* means right-handed, as in dexterity) while in many European languages, "right" is not only a synonym for correctness, but also stands for authority and justice, and in French, "gauche" means "left" and is a synonym for "clumsy". That the left side is associated with awkwardness and clumsiness is also apparent from the English expression "having two left feet" while the Scots describe a particularly unlucky person as "being baptized by a left-handed priest."

According to statistics available from the UN, eight to ten percent of the world's population is left-handed. Left-handedness is more common among males than females. August 13 is celebrated worldwide as International Left-Handers Day, an

annual event when left-handers everywhere can celebrate their left-handedness and increase public awareness of the advantages and disadvantages of being left-handed.

Many companies in the developed world have been making tools for left-handed people ranging from pens to scissors to musical instruments and even clothes. But they are not easily available as they are very expensive. In India too, the Association of Left-handers, a Pune-based group, has plans to produce special instruments for left-handers. But left-handers still have a tough time managing a world dominated by right-handers.

Ask a left-hander about his problems and you will be bombarded with a long list of things that do not work for him such as a pair of scissors, can openers, knives, fruit peelers, golf clubs, hockey sticks, violins, piano keys, number keys on the computer key board, the mouse etc. etc. Even the camera has its click button on the right hand side corner.

What do Mahatma Gandhi, Fidel Castro, Helen Keller, Leonardo da Vinci, Martina Novratinova, Saurav Gangolly and Barack Obama have in common? All of them are left-handers.

The prejudice against left-handers existed as late as the 1960s and '70s. Most schools around the world insisted that the right hand was the right one for writing. This obviously created severe mental trauma for natural left-handers, sometimes resulting in speech disorders like stammering. Recently, researchers have observed that left-handedness has reached record levels. Does it mean that suddenly more southpaws have been born? No; it means that unlike in the past when left-handedness was almost always suppressed, today it is ok to be a left-hander. One of my sisters-in-law, a left-handed lady, performs all activities without any difficulty like a right-handed person.

It is 'all right' to be a left-hander. You have many achievers for company.

---

*See page 67 to read about the main types of handedness and some fascinating facts about left-handers.*

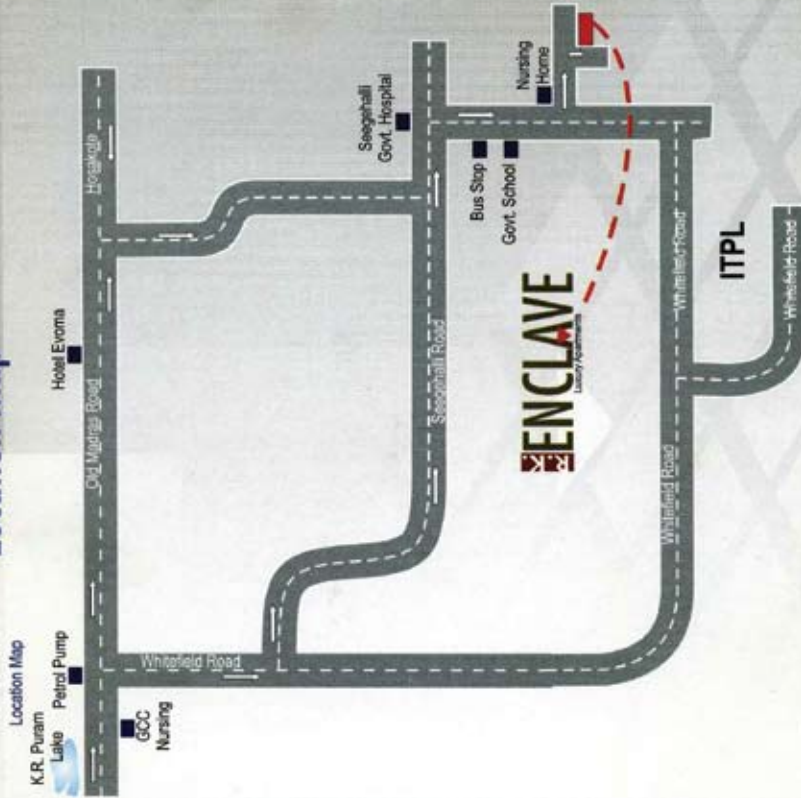


## Specifications

- RCC framed structure.
- 6" thick cement hollow block for exterior walls & 4" thick cement solid block for internal walls.
- Main door teak wood frame with OST Shutter door and remaining doors m.s. steel frames with flush door shutters
- Powder Coated Aluminium windows with fly proof shutters
- Ceramic Tiles flooring
- Grey Mosaic flooring for common areas like staircase, lobbies, etc.
- Granite platform with Granite sink.
- Concealed copper wiring with Anchor dyna switches and sockets.
- Ceramic tiled flooring and glazed tile dado up to 7 feet height
- Standard fittings
- 24-hours water supply from borewell with the overhead tank and sump
- Oil bound distemper paint for internal walls and emulsion for external walls and enamel paint for doors
- Individual TV and Telephone points in drawing and master bedroom.
- 5 passenger lift is provided
- Exclusive covered car parking
- Provided for each flat
- (Generator for common area, lift and 0.5KVA power for each flat)

Note: This brochure is purely conceptual and does not constitute a legal document. The architects and promoters reserve the right to change, delete or add any specification or elevation mentioned in here.

## Location Map



Builders :

**R. K. Developers**

S.315, South Block, 3rd Floor,  
Manipal Centre, Dickenson Road,  
Bangalore - 560 001

Tel : 080-41477022/23/24

Fax : 080- 41477022

Mob : 98451 65564

E-mail : tkravendhra\_fin@yahoo.com



Developers

*-: With Best Compliments from :-*

## **TULSYAN UDYOG**

Registered Office;

Telephone 26700173/26700219

79/1, New Bambo Basaar,  
BANGALORE - 560 002.

Fax No. : 080-26702715

**DEALERS IN IRON & STEEL**

**Branches At: CHENNAI, SECUNDERABAD, CALICUT**

Associated Concerns:

## **M/S. VIJAYAA STEELS LTD.,**

REGD,OFFICE & WORKS :

NO.37, II PHASE,  
PEENYA LNDUSTRL4L AREA  
BANGALORE - 560 058.

TELEPHONE No.28396044/28395290  
FAX NO. 2S371479

SY.NO. 17/1, GANGADHARANAPALYA,  
NELAMANGALA TALUK,  
KASABAHOBLI  
BANGALORE DISTRICT.

TELEPHONE NO.  
08118-329511/329966  
FAX NO.080-7726641

SY.N084/1, KALL4NAYAKANAHALLL PH.958132327999  
ANCHEPALYA, (NEAR 220 KY SUB STATION)  
KUNIGAL TALUK, TUMKUR DISTRICT KARNATAKA.

***MANUFACTURERS OF SRONGE IRON, INGOT, CTD BARS  
LIGHT STRUCTURALS, M.S. BILLETS,  
ALLOY BILLETS AND TMT BARS.***



## Konkani Sourabh

The column promoting Konkani usage

Compiled by Arun S. Ubhayakar

कोंकणि आम्लोळि भास – कोंकणि गोडि भास

No dearth for variety in Konkani savory. Enjoy the spice in our Konkani language too.

### I. Word play (शब्द मंथन):

- (42) खरखटे - (a) truthful (b) rough (c) staple food used daily  
(43) परगुणाइ - (a) fault finding (b) health care (c) character  
(44) गुलगुलो - (a) clay pot (b) fatty (c) flower  
(45) हुबेहूब - (a) vapour (b) ditto (just like) (c) eye brows

### II. Proverbs (आड्गति):

- (33) आयतो वडो तोंडांतु पोडो - without much effort  
(34) उलयितलो करता थोडे । - talks more and does less  
करतलो उलयिता थोडे। - one who talks less and does more  
(35) बार्यितु उडतल्यक दीवो कसल्याक - excuse for a fool  
(36) फुडे मांकड, तांतुइ सोरो पिल्यां - one can't expect better from a dull drunkard

### III. Fill in the blanks:

- (A) चरिचरि - ..... (जमीन, पोळो)  
(B) कुरकुरि - ..... (उंडे, चाकल्यो)  
(C) भसभशी - ..... (भात, रांदप)  
(D) कुटकुटी - ..... (बड्डी, म्हांतारी)

### IV. Riddles (हुम्मणि):

- (33) दोनि पायां पक्षि आपण - घट्टि फळ खात्ता सणसण  
(34) आवइ काळि धूव गोरी - पोवळ्याकंडि धुवे तोंडारि  
(35) वैशाखांतु निस्सूक काप्पड ना, पावसाडितु चल्डवं सान्न  
(36) भाजिलो आजो, शिजिलि आजि, बसलि पाचव्या मांन्ट्रेतु  
जालि तांबडि तोंडांतु - होय की पळैया आंगणांतु

### V. Sing this rhymes and try to play with your kids :

चांयु बुयुं बुक्कुला, ताक दीगे म्हांतारे  
ताक्का लोणि येनि, मामु कोक्को खाइने  
ताक पळ्ळो वरडु, बाळा मामु कोरडु  
येद्दे लोणि दियाति, माळ्यारि बैसुनु खायाति  
गुपचि आय्लारि चोयाति; उंदुरु आयल्यारि माराति

#### Answers :

- I. Word play: (42) c (43) b (44) a (45) b  
III. Fill in the blanks: (A) पोळो (B) चाकल्यो (C) रांदप (D) म्हांतारि  
IV. Riddles: (33) आडकातरि (34) मिसांग (35) आंबाडे रूकू (36) पान-सुपारि

मगेलें कुळार गोकर्ण. जाल्यारी हांवें मुंबईची राबताली. मगेलो म्हांतु, बाप्पा हांचेलाग्यीथानु गांवच्यो खबच्यो आयकुनु माक्का गांवचो मस्त उगडासु जातालो.

मगेल्या सानपणांतु आमगेरी सदु म्होणू अेकळोचल्लो राबतालो. तागेली प्राय त्यावेळारी कांई धा-इकरा वर्सांची आसकाज. तागेली घरची आर्थिक परिस्थिती बरी नातिलेमि तीं आनि तो आमगेलो धूरचो संबंधिक आशिलेमितीं, आमगेल्या घारा राब्बुनु कानडी शाळेंतुं शिकतालो. मगेल्या आन्नालाग्यीथानु आयकलेल्या तागेल्यो खबच्यो तुमकां सांगकाज म्होणू हो लेखु बोरोवचो प्रपंचु.

सदुक प्रितीची भोऽचि जरूरी आशिली मायेचें अगत्य आशिले. जोरु पावसु, गुडगुड जाल्लो की तो मगेल्या उम शआज्जाक “वाघु आयलो वाघु आयलो” म्होणू घट्टी पोट्टोळुनु घेतालो. उमेशबाप्पा भारी खुशालभाई. तो म्हणतालो “वाघु आयलो वे? येवो, ताक्का मारुनु उड्डोवंया. पैलो कुडको माळ्यारी उड्डोवंयां आनि दुसरो तुगेल्या तोंडांतुं घालयां. सदुक खुशाल कळनातिले, भाऽरी खुशी जाताली.

पैले कालांतुं बायलो कामाकवचनाशिल्यो. त्यो गावांतुंची आसताल्यो आनि दारले नौकरी निमित्ताने मुंबई आनि इतर शहरांतुं वताले. दुड्डु अेकडे कोर्नु रजेंतुं गावांतुं येताले. तांचेलाग्यीथानु शहरांतुल्यो खबच्यो आयकुनु, सदुक मुंबई येवचे भारी आकलस सुरू जाल्ले. ‘कोणई मुंबई वता म्हळ्ळें की “माक्काई होराती” म्होणू लाळ्ळेतालो. “तुक्का मुंबईवचे कस्ले आकलस?” म्होणू निमगिल्यारी, वगवगी सांगतालो- “थई बांय्येथानु उद्दाक काडकाज म्होणू ना, घरांतुंची लोखंडाची नळी आसता खंई, ती “अशशी” कोर्नु तिरपिल्यारी (आंग वांकडे कोर्नुकृति कोर्नु) भस्सने उद्दाकयेत्ता खंई. आनि रात्तीचें लाटण लांवकाज म्होणू ना, वणतीवैलें बट्टण दाटलें की उजवाडुजाता खंई. हें सर्व माक्का पोळोवचें आस्स.”

शहरांतुं आमगेलें रांदप आम्मीची कोर्नु जेवंकाज पडता, कानडी शाळा नाती म्होणू सांगल्यारी सदुक पट्टनाशिलें.

कडेरीकालाक, सदु मुंबई येवुनु पावलो. बोरीबंदर स्थानकाचेरी येवुनु पळैल्यारी “शाँकु” बाप्पागेलें ट्रंक सोदल्यारी खंईना. हेरदिसु आपीसावतना घालुक बाप्पा लाग्यी वस्तरं नाती. सदुने बाप्पाक समाधान सांगलें - “कांई चिंता कोर्नाक्का बाप्पा, चोरालाग्यी ट्रंक मात्र आस्स, बिगाहातु तज्जेलाग्यी ची आस्स न्हंवे?” बाप्पाक, हासकाज की रोडकाज म्होणू कळने.

घारा वत्तवतनाची बाप्पाने थोडीं वस्तरं घेतलीं. घारा पांवचेभित्तरी, पैलें न्हाण्येंतुंवचुनु सदुने नळु तिरपिलो.

भस्सने उद्दाक येवचेभित्तरी तागेलें समाधान जाल्लें. ताज्जेउप्रांतें दिव्याच्याबटणाचेरी खेळु सुरू केल्लो. माग्गिरी, बाप्पाने शाँक लागता म्होणू सांगनाफुडे स्टोव्हालाग्यी वचुगेलो. ताज्जो निळ्याबणणाचो उज्जो पोळोवनु ताक्का गंमती दिसली.

घरालाग्यी आशिल्या मराठी शाळेंतु सदु वचुक लागलो. मराठी भास, देवनागरी लिपी येनातिलेमितीं अंकलिपीधोर्नु तागेलो अभ्यासु सुरू जाल्लो. तागेलो मास्तरु म्हळ्यारी साक्षात जमदग्नीची. कस्लेंई कळशी सांगचे सोणू बेत्ताने मारतालो. सुमार फांतां, हात्तारी तांबडे बरे घेवुनु रडतची सदु घारा येतालो.

नळा उदकाचें, विद्युतदिव्याचें अप्रुप उणे जाल्लें. सदु, गांवा वता म्होणू रोडुक लागलो. जाल्यारी मद्देंतुंची कोण पावैतलो? नशीबा भोगु म्होणू तान्ने मुंबईची राबचें खंडित केल्लें.

अेकदिसु सदु फडफडतची घारा आयलो. आनि बाप्पाक निमगिलें बाप्पा, “फुडे” म्हळ्याशी “माक्षी” न्हंवे? बाप्पाक बोधु जायने. ताव्वळी सदुने सांगलें, “आजि वर्गांतु अेका चल्ल्याने होडाने वाचन कर्ना फुडे मास्तराने सांगले कुलकर्णी “पुढे वाच” म्होणू. होवें माक्षी पानारी धोर्नु वाचूक सुरू केलें, म्होणू माक्का बेत्ताने मारलें आनि म्हणालो “काय रे वर्गांत झोपला होतास? आतं तूंची सांग बाप्पा मगेली कस्ली चुकि? पाऽप सदुचें.

आन्नेक दिसु सदु वापस फडफडतची आयलो. म्हणालो- “आजि आमकां ‘माझी पहिली सफर’ ह्या विषयाचेरी निबंध बोरोवच्याक सांगले. बाप्पा, जोशीकाकाने गेल्लेलेवेळारी म्हांताने म्हळ्ळें पाऽप मस्त ‘सफर’ जाल्लो. म्होणू हांवें बैरलें मी कधीच आजारी पडलो नाही म्हणून सफर केले नाही. वापस मास्तराने मारलें. ताक्का मारचें शिवाय कस्लेंई दिसनाची.

आमगेल्या घरालाग्यी “वेंकटमामु” म्होणू राबतालो. काणसो आशिलो बावडो. वठरांतुर्ली चेरडवं ताक्का चाळैताली. तांकां गौजी घालतची वेंकटमामु तांचेमाक्षी धांवतालो. अेकदिसु सदुने ताक्का म्हळ्ळें, वेंकटमामु, तूं कोणाक गौजी घालता म्होणू कळनाची. अेकदिसु सदुक गौजी घालतना, सदुने आपणागेल्या सांगाताच्याक म्होणू लेक्कूनु तो थंईची नौळेत राबलो आणि वेंकट माम्माने ताक्का समचि होद्दारले. सुण्या तोंडां तुं बड्डी घालुक सदुक कोणे सांगिलें?

सदु, सुमार सोळा सतरा वर्सांचो आसतना लम्नामांटांवांतु वाडुक राबिल्लो. सर्वांक “मुगाची उस्सळ” म्होणू म्हणतची वाळ्ळें. जाल्यारी वेंकट माम्माक वाडतना “वेंकटमाम उस्सळ” म्हणालो. वेंकटमाम्माक आयलो कोपु, तान्ने “गाडवा तूंची

उस्सळ” म्होणू तितल्यारीची सोणू सोळ्ळें.

अशी हो आमगेलो सदु. पैरी सुमारी वर्सांनी घारा आयिलो. अकळाक गुर्तुची कळनी. मागिरी म्हणालो आपण मुंबईतुची स्थायिकजाल्लां म्होणू.

### “जीवनांतु ही खुशी अशीचि उरोरे” (चाल - “जीवनांत ही घडी अशीच राहु दे”)

जीवनांतु ही खुशी अशीचि उरोरे ।  
सदा सर्वलोकांगेली प्रीति मेळोरे ॥१॥

परस्परांतु प्रेमाचे मधुर बन्धन  
घर घरांतु सुख संभ्रम वातावरण  
खेळु मेळु काम कोर्नु मन जिंक्यारे ॥१॥

सानु होडु भेद भावु उर्चाना मनांतु  
सतत सेवा घडत जावो देव चिंतनेंतु  
विश्वासाचि पायरिचेर घर बांद्यारे ॥२॥

निस्प्रहता निर्मत्सर दैविक गुण  
प्रपंचांतु निर्मत्सर दैविक गुण  
प्रपंचांतु आस्का मस्त सात्त्विक जन  
क्षण भंगुर जीवनाचे हेंचि ममरे ॥३॥

देवा तुजे लागि कर्ता प्रार्थना  
शुद्धमन बुद्धि दीवु शक्ति दी जना  
'रवि सारथि' सांगता तुक्का मन भोर्नुरे ॥४॥

- अरुण उभयकर, मल्लापूर

### सारे क्षणैक प्रवासी

सारे क्षणैक प्रवासी  
नांदू सुखें सर्वासी  
ह्या विश्वाच्या विशाल हाटीं  
आवचित होती भेटीगांठी

सारे क्षणैक प्रवासी

प्रेयसी अन् प्रियकर, बसले होते सागरतिरावर  
अचानक सुटला वादळवारा, सागर झाला सैरभैर  
प्रपंच लाटेने प्रेयसीला ओढून नेलें आपुल्या पोटी  
हतबुद्ध झाला प्रियकर, अन् तुटल्या जन्माच्या गांठी

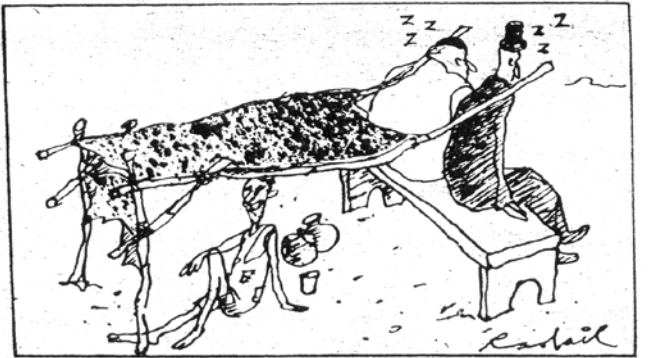
सार क्षणैक प्रवासी

वर वऱ्हाड लग्नाला बसनें निघाले वधुग्रामी  
वधु तिथे, वर इथें, स्वप्नसुखांत होती दोन्ही  
नियति मात्र हंसत होती काळोखाच्या त्या भयाण राती  
भरधाव टूकनें दिली धडक, जमीनदोस्त झाली नातीगोती

सारे क्षणैक प्रवासी

शालेय जीवनांत मिळाली मज एक प्रेमळ सखी  
नामासम, अष्टपैलू हीरा होती याद येते तिची सारखी  
नृत्य संगीत अभिनय आदि सर्व कलात ती होती दर्दी  
तिचे नृत्य पाहण्यास प्रेक्षकांची अलोट गर्दी  
अचानक नियतीनें घातला वार, ऐन तारुण्यांत  
देवालाही ती आवडली असणार, दुर्धरव्याधीचें निमित्त मात्र

### RAOBLAH



## ‘मन जे चिंती...’

डॉ. सुनन्दा कार्नाड, धारवाड

मानवी मन म्हळ्यारी मांकडचि! मांकड कशशी ह्या झाडावैल्याने त्या झाडाचेरी उडकी मारता, तशशी आमगेलें मन ह्या विचारांथानु त्या विचाराचेरी धांवत आस्ता. म्होणूचि ध्यानधारणा कर्तना लक्ष केंद्रित कोरुक मस्तजणांक त्रासु जाता. राती उश्यारी म तें दवरलें कि एकु खंचोई विचारु सुरु जाल्लो वें, ताज्जें चक्र घुंवत वता आनी नीद येनाचि. आमगेल्या मनाक नियंत्रण कोरुक आममी श्वासोच्छवासाच्या प्रक्रियेचेरी नियंत्रण कर्ताती. ही क्रिया आनी मन म्हळ्यारी दोन मित्रचि! प्राणायामाने आमगेल्या शरिरांतुल्यो असंख्य नाड्यो शुद्ध जातातीं तशशीची मनाचें विकार. वायट विचार, ‘मद-मोह-क्रोध-द्वेष’ इत्यादि षड्रिपूंक मनांतुल्याने काणू ते शुद्ध जाता. कड्डेरी वैर कशशी जातलें ‘मन जे चिंती, ते वैरी न चिंती’ अशी आदगति तरी कसल्याक वापोरका?

प्रत्येक बाबतींत चिंता- काळजी, कर्ततें मन, मनुष्याक स्वस्थ बैसुक दीना, ‘नो प्रॉब्लेम’ म्होणू म्हणतलें अगदी ऊणे! कायी जणांक प्रॉब्लेम ना जाल्यारी चिंता आसल्यारी आनी चड चिंता! अशशी सदैव चिंता- काळजीचें वज्जें घेवुन राबिबल्यंकचि नाक्का जाल्लेल्या शारीरिक व्याधि - हृदयविकार, अल्सर, म धुमेह (diabetes) सुरु जाताती. तोंचि वयोमानानुसार कसलें

जॉवचें जाता, म्हणतल्यांक ताज्जो विचार आतं धोरु कसल्याक, म्हणतल्यांक आरोग्य बरं वर्ता.

खंचीयि नवीन विद्या शिकची आसल्यारी सान्न प्रायेरी शिकका म्हळेल्लो सर्वमान्य समज! चाळीस पन्नास जावु साठ वर्स जाळी कि म्हांतारपण आयलें, आतं कसलें शिकचें म्हळ्ळेलें! मनचि कसलें नवीन शिकूक दीना, ‘तुज्जेमितीं जायशना, नाक्काजाल्लेलें आड्डान घेवनाका, सुखाचा जीवू दुःखांतु कसल्याक घालता’ म्होणू भिसडायता. हांवे कार शिकचें विचार कर्तनाचि अनेक हितचिंतकांनी हांवे निमगिनास्तना, उपदेश केल्लो. ते आयकुन मन भिल्लें, ‘ना, माक्का driving जमशना’ म्होणू लागले. नऊ वर्स ड्राईव्हर दवरलें. परावलंबी जीवन! कड्डेरी थोंडे काळ ड्राईव्हर ना, कार आस्स, खई वच्चुक जायना, ही परिस्थिती झाली. कड्डेरी मनाकचि भिसडायलें. निश्चय कोरुं, वयाची सत्तर वर्स पूर्ण जालना कार ड्राईव्ह कोरुक, न्हयी ड्राईव्हिंग शिकूक सुरु केल्लें. ‘ही आयकना म्होणू कळनाफुडेन, मनाने आनी शरीराने साथ दिली. म्हळ्यारी मन जें चिंतन कर्ता, ताज्जेरी नियंत्रण केल्यारी मनस्वास्थ्य टिकता मात्र न्हई, कोरुक जायना म्हळ्ळेलें मस्त कार्य कोरुक जाता हेंचि सत्य!



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# Shoma Kaikini wins Global Youth Leadership Award

*Through her unique method of dance and choreography which blends Kathak and Bharatnatyam and a sprinkle of folk dance, Shoma Kaikini has been spreading the knowledge she has gained over the years and the confidence she has developed with this innovative method, through Nrityanidhi, her four-year-old dance school in Mumbai. Recently, she was chosen the Youth Icon 2009 in Bengalooru and has also been interviewed by ELLE magazine. Here, Shoma recounts her experience of receiving the prestigious Global Youth Leadership Award last month.*

Coincidentally, August 16, 2005, was the day when Nrityanidhi – Confidence Building Through Dance, was born. Four years later, August 12, 2009, was a memorable day for all of us at Nrityanidhi when my work received recognition and the ‘Global Youth Leadership Award’ was conferred on me by the Youth Organization, Delhi.

It all began when I received a letter from the Youth Organization. As I opened it, several thoughts crossed my mind. The letter had come from Delhi and had several respected dignitaries on the empanelled list. I was amazed to read that I had been referred for their prestigious ‘Global Youth Leadership Award 2009’ for promoting ‘Indian Art and Culture’. Two days later, on receiving an invitation from them, I left for Delhi, with my husband and sister for, at every step in my life, their support has been paramount. My husband, Rahul, whose wise words and guidance has enabled me to make a success of my institute, and my sister, Ashwini Kaikini, a wonderful dancer herself, who has been my backbone throughout and is currently working at Nrityanidhi. As we arrived in Delhi, it was as though the city welcomed me with open arms!

It was a well-organized ceremony at the prestigious Habitat Centre. The Youth Organization has been encouraging youngsters worldwide to work harder and strive for the betterment of their country. In her talk, Ms. Alka Lamba, Secretary, All India Congress Committee, mentioned that the award is given to young people who work hard in their chosen field to show them that they are being watched and to motivate them to go on and never stop!

The dais was occupied by Mr. G.V.G. Krishnamurthy, former Election Commissioner; Mr. Sultan Ahmed, Minister of State for Tourism; Ms. Alka Lamba, and Mr. Prakash Jaiswal, Minister of State for Coal and Mining. They gave inspiring talks on how each of us could make India a better country. I could feel an intense fervor within me to reach out to as many people across the world and spread the beauty of our Indian art and culture. I cherish most the experience shared by Mr. Krishnamurthy about his getting beaten by the British because he had proudly stood up in class and said, “Jai Hind.” Ms. Alka Lamba added to this, “There was a time when Mr. Krishnamurthy was beaten for saying “Jai Hind”. Today, we all are free to say “Jai Hind” as many times and as loudly and proudly as we want. But how many of us really do?”

Finally, the award ceremony began; several youth between ages 25-45, from different countries were recognized for their contribution in various fields – a young girl from Seychelles for saving prostitutes from the streets and giving them a new life; a young girl from Afghanistan, Sabrina Saqibi, who promoted education among women, defying the strict laws of Taliban.

When my name was called, I could not believe that I was counted among these brave youngsters! It was such a proud moment... receiving the heavy trophy from eminent personalities like Mr. G.V.G. Krishnamurthy and Mr. Sultan Ahmed. There were ten photographers ready to capture that moment and I felt like a star! After the ceremony, I felt honoured when Mr. Ahmed stopped



to speak to me and remembered that he had given me the award for ‘art and culture’. I could not leave without thanking the man behind the recognition I had received – Mr. Deepak Singh, President of the Youth Organization, and Member, PIB, Government of India.

Overall, it was a magical experience. So many moments to cherish! To be charged with so much enthusiasm to do so much more for our country! On my way back, I couldn’t help but remember the day my parents, Ajit and Sadhana Kaikini, who had willingly allowed me to pack my bags and leave home to find and fight for my dreams; they deserve this recognition more than I do! As for me, today is 15<sup>th</sup> August - I am left with much motivation and pride to work harder, to show the world the richness and heritage of our country, and create young dancers who will not only be outstanding artistes but also great human beings. And that will be the true representation of our country!



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## Personalia



**Amet Kabad**, son of Pushpa and Anand Kabad of Ahmedabad, completed his Bachelors in Mechanical Engineering from LDRP Institute of Technology and Research, Gujarat University, in June 2009, standing 1<sup>st</sup> in his college and 4<sup>th</sup> in the University, in the batch of 2009. He secured

78.66% in his final year examination.

Apart from studies, Amet has won accolades in several national-level quiz competitions including the Discovery Channel Quiz. His hobbies include reading, blogging and music. Currently, he is working as Engineer - Design and Development, in AIA Engineering Ltd. (Ahmedabad), the world's leading cement manufacturing equipment maker.

**Srajana Kaikini**, a final semester student of the Department of Architecture, R.V. College of Engineering, Bangalore, has won the third prize in an international competition - "Defining a creative hub" - held by the Domus Academy, Milan, Italy. Srajana had forwarded her concept about urban rescripting of the Kala Ghoda Art District of Mumbai, blending layers of past and present in the area around the Jehangir Art Gallery, to create a new, active, inspiring space, conceptualizing it as a meeting and working place of artists, thinkers and writers. Srajana says, "Getting this recognition from an institute in Europe, the mother space of architecture, is a real boost for my self-esteem at this juncture of my graduation." A front-ranker throughout her academic career, Srajana has been chosen as the "best outgoing student" of the college.



Srajana has also won the Pidilite award for excellence in architecture for optimum space utilization in 2008. She is actively involved in art, music, the cinema and literature and is currently learning Odissi classical dance. She intends to pursue further studies in architecture, which she thinks is "a fine ever-evolving blend of the arts and science". Srajana is the daughter of Jayant Kaikini, well-known writer, film lyricist and TV host in Kannada.

## ANOTHER FEATHER IN THE CAP FOR SUPRABHA GROUP

On June 1, 2009, Sumalata and Prabhakar Bantwal received from the World Packaging Organisation (WPO) President, Keith Pearson (see photo), the WORLDSTAR 2008 Award for excellence in packaging for their 'Suprabha Seaworthy Packaging System For Open Deck Transportation'.

The Suprabha Group was selected from among a total of 134 entries representing 30 countries. The coveted Award, given by the WPO, Sweden, once in two years, has been bagged by the Suprabha Group the second consecutive time for their various types of Seaworthy Packaging.



As winners, the Bantwais were honoured at a function held at Nikko Hotel, Mexico City. This is one more feather in the cap for their Group Company – Suprabha Protective Products Pvt. Ltd., Pune.

Commonly adopted packaging is often inadequate for transporting large machinery such as power plants, boiler shells, turbine panels etc over long distances by road/sea. Suprabha's Seaworthy Packaging System, developed specially for open deck transportation, uses a compound package of three layers of protective barrier materials, and protects even the biggest shipping consignments effectively from wind, rain, sunlight, sea water splashes, and dust which cause heavy rusting. Each packing is designed specifically to suit product requirements so that brand new machines can reach the customer's site in factory-fresh condition. The overall packaging also works out to be economical compared to the customary packing.



## HERE AND THERE

**Bangalore:** Besides regular poojans at the Math, cultural and spiritual programmes were organized throughout Chaturmas such as *bhajans* by individuals and *bhajan mandalis*; talks on spiritual topics, and special programmes — a superb presentation on *Guru Parampara Pravaha* by students of Maya Rao, a much-appreciated show staged by Prarthana class children comprising a narration on Samvit counting, followed by a thematic presentation of the epics with the children dressed in colourful costumes depicting epic characters, a *raas* on "Amba tu Adhara Devi", concluding with a splendid dance on Devi entitled *Gondhul* performed by students of Bhavani Nayel.

*Mhantiyo* were rendered with great fervour during Gokulashtami; with beautiful week-long *alankaar*. The Punyatithi of HH Srimat Parijnanashram Swamiji III was observed on August 9 with Ashtavadhan Seva. Earlier, on July 12, 30 *yuvvas* went on a day-long trip they had organized, including a trek, Ashtamurthi Upasana, and interactive games at the popular trekking spot, Billirangaswamy Betta, On their return, some of them shared their experiences of the Kar Seva Shibir of May 2009.

*Reported by Uma P. Trasi and Amit Kilpady*

**Karwar:** The Punyatithi of HH Parijnanashram Swamiji III was observed on August 9 in Sitarameshwar Temple, as usual, with a samuhik Satyanarayana Pooja of 108 *kalashas* and Ganapati Atharvasheersha Havana, followed by *santarpana seva*. The response was very encouraging both in terms of attendance by a gathering of over 200 devotees as well as generous donations received from community members in Mumbai, Hyderabad and Pune besides local devotees.

*Reported by Narayan Mallapur*

**Mumbai, Andheri:** At the Sabha's recent AGM, the members elected to the posts of Office Bearers for 2009-2010 are as follows: Bhalchandra Bantwal (President), Deepak S. Talmaki and Samir A. Adur (Vice Presidents), Manohar P. Balse (Secretary), Kallianpur Gangadhar Bhat (Treasurer), Vidya R. Aldangadi (Jt. Secretary – Administration; Regional Coordinator-Yuvadhara), Geeta M. Nettare

(Jt. Secretary – Religious Activities), Mohandas R. Bijoor (Jt. Secretary – Social Activities), and Sheetal Chandavar (Coordinator – Sadhana Panchakam & Sannikarsha).

*Reported by Samir A. Adur*

**Mumbai, Dadar:** Guru Pournima was observed on July 7 with Guru Poojan performed by Yuvadhara members and other devotees many of whom visited Shirali and Karla to perform *pada pooja*. On the 3<sup>rd</sup>, the place reverberated with *bhajans* sung to mark Ashadha Ekaadashi.

Currently, the Sabha is busy preparing to put up an exhibition on Ganesh Chaturthi – "Amgali Chawati". The exhibition will be inaugurated by Poojya Sadyojat Shankarashram Swamiji on the morning of August 16 at the Museum in Shirali, and will continue till the end of Chaturmas.

*Reported by Shobha Puthli*

**Mumbai, Goregaon:** On July 19, 90 devotees experienced the first 'Sannikarsha' at the Karla-Samadhi of HH Parijnanashram Swamiji III in the precincts of Shree Durga Parameshwari Sannidhi. Eight devotees had gone to Karla the previous evening to prepare the venue. The entire module and Devi Poojan was performed as scheduled. After Maha-aarti, a *palki utsav*, carrying the photograph of HH Parijnanashram Swamiji III was held; Parijnana Trayodashi was recited in front of the Samadhi. Poojya Sadyojat Shankarashram Swamiji's message of blessings was read out amid *jaijaikars*.

At the Sabha's AGM on June 7, the following Office Bearers were elected for 2009-2010: Sunil D.Yennemadi (President), Kavita S.Koppikar (Vice President), Harihar (Arvind) S.Balwally (Secretary), Mangala R.Nagarkatti and Varada S.Soukooor (Jt. Secretaries), Jnaneshwar V. Someshwar (Treasurer) and Amit S. Kallyanpur (Jt. Treasurer).

*Reported by Arvind Balwally*

**Mumbai, Vile Parle:** Devi Anusthan was performed on July 31, for Vara Mahalakshmi Vrata. On August 6, Rug Upakama Homa and changing of threads was performed by a good number of members from the local as well as other Sabhas participating in the function.

The Punyatithi of HH Srimat Parijananshrama



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Swamiji III was observed on August 9, with Deepanamaskar followed by Mangalashataka, Mangalaarti and *prasad vitaran*.

A large number of devotees participated in the Shreekrishna Janmashtami function on August 13 as also in “Sannikarsha” held at Karla.

*Reported by Shrikar Talgeri*

**Hyderabad:** Around 30 devotees, including many youth of the Sabha paid obeisance to HH Srimat Parijnanashram Swamiji III at a *satsang* held on June 14. The *satsang* included Devi Anushtana and chanting of Maha Mrutunjaya Japa, and concluded with a *vimarsha* on a *shloka* from Vidura Niti.

On July 19, Guru Poojan was performed as a part of Sadhana Panchakam; the enthusiastic participants who performed Guru Poojan ranged from an 80 year-old lady to a 17 year-old Yuvadhara member.

*Reported by Gowri Arur*

**Pune:** Devotees participated in the Shri Chitrapur Guru Parampara Charitra Parayan from July 9. On the 17<sup>th</sup>, Yuvadhara members performed Devi Anushtana and chanted Navaratra Nityapath. There was a *swadhya* on Lalita Sahasranam on 18-19 and on the 25<sup>th</sup>, “Simhavalokanam”, a video made by Team Pune, encapsulating the events of the Tercentenary Year was presented.

Sannikarsha at Karla was held on July 26, Nag Panchami day. A busload of devotees performed Shiva Poojan and chanted Navaratra Nityapath, *stotras* and *bhajans* and performed Devi Anushtana. They also prayed and witnessed the Naga Puja at the Nagalaya. August 2<sup>nd</sup> was celebrated as ‘Sanskrit Diwas’; Durga Kumta, the brain behind the idea, had planned a day devoted to a variety of enjoyable activities like songs, debates, quiz, readings, games etc – all in Sanskrit. On the 8<sup>th</sup>, Shyam Honawar led the *mhantiyo*.

On August 9, devotees went to Karla to participate in the Sannikarsha on the occasion of Samaradhana of Pujya Parijnanashram Swamiji III. Krishna Jayanti was celebrated with the traditional *mhantiyo*.

*Reported by Jyothi B. Divgi*

**Thane:** At **Mulund**, on July 7, devotees attended a talk on Ved Vyasa’s work and the significance of Guru Pournima; this was followed by Guru Poojan,

*bhajans*, Shankarnarayan Geet and *prasad*. On the 27<sup>th</sup>, Shiva Poojan was followed by collective recitation of Chapters 12 and 15 of the Bhagvad Gita.

At **Dombivli**, Shiva Poojan was performed on July 13 and 20, Devi Poojan and Kumkumarchan on July 24 and 28, and chanting of Lalita Sahasranam, Anushthana and Navratra Nityapath on July 30.

At **Powai**, Guru Pournima was observed with Guru Poojan, Shankarnarayan Geet, mangalpada and *prasad bhojan*. On July 20, Sadhana Panchakam was observed and samuha geet and Shivmanas Pooja were conducted.

At **Navi Mumbai**, Guru Poojan was performed on Guru Pournima day and on July 27, Sadhana Panchakam and Shiva Poojan were performed.

*Reported by Prakash R. Hattangadi*

**Canada Sabha of Chitrapur Saraswats:** HH Srimat Parijnanashram Swamiji’s Punyathithi was celebrated with a *satsang* on August 9, in Ontario. The programme included Deepanamaskar, Gayatri Anushtana, Shri Gurupaduka Stotra, Parijnan Trayodashi, Shankarnarayan Geet, *bhajans*, Mangalarati, Mantrapushpa, Mantrapushpanjali, Mangalapada and *prasad bhojan*. Close to 35 members attended.

*Reported by Sadanand Mankikar*

## OUR INSTITUTIONS

**Saraswat Association, Chennai:** On June 12 and July 24, Devi Anushtana, Devi Poojan, Navratra Nityapatha and chanting of Bhagvat Geeta and Lalita Sahasranam were conducted. On June 15 and 29 and July 16 and 27, Guru Poojan and Shiva Poojan were performed, respectively. Shayana Ekadashi was observed on July 3, and Guru Pournima on July 7 with Guru Poojan, *bhajans*, *aarti* and *prasad*.

On July 4, at the AGM of Saraswat Mahila Samaj the following were elected: Archana Kapnadak (President), Lata Ullal (Vice President) and Shilpa Acharya (Secretary). This was followed by a demonstration of fruit and vegetable carving. At the AGM of the Saraswat Association held on July 19, the following were elected; K. Raghunandan Rao (President), Vombatkere Vivek Row (Vice President), Kapnadak Ramcharan (Secretary) and Gangolly

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Ramdas (Treasurer). The Saraswat Convocation 2009 followed, at which all the successful students at the examinations held in 2009 were felicitated with mementoes, and deserving students were awarded scholarships by the Chief Guest of the function, MJF Lion Dr.(Mrs.) K.S. Lakshmi, Dist. Governor and Principal of Meenakshi College for Ladies. The function concluded with high tea hosted by the Vice President.

*Reported by Arun Hoskote*

**Saraswat Cultural Forum:** Under the aegis of the Forum, Chandavarkar Shivadas presented a melodious musical evening titled, Len's Eye.... Hindustani Classical Music, a video presentation of the live recordings of maestros from the Kirana, Atrauli, Gwalior and Jaipur *gharanas*. Among them were Ustad Bismillah Khan, Pandit Vishnu Digambar Paluskar, Pandit Bhimsen Joshi, Vidushi Kausalya Manjeshwar, Pandit K G Ginde, Ustad Amir Khan, Roshan Ara Begum and many others. Chandavarkar Shivadas has the rare distinction of being a collector of video and audio CDs of music maestros and has showcased this presentation at various places. Sabhas/organizations, desiring to arrange such a programme in their town, can contact him at: 020-25437004

*Reported by Jyothi B. Divgi*

**Saraswat Mahila Samaj, Mumbai:** This year, the Gokulashtami *mhantiyo* started on an energetic note. The Canara Saraswat Bhajan Mandal of Talmakiwadi, led by Sudhir Balwally and a band of enthusiastic youth, was invited to serenade the audience on August 8, 2009. The highlight was the foot-pumped harmonium, first played in the Samaj Hall (Gamdevi) from 1915-1938, which has accompanied the Bhajan Mandal for more than nine decades and, since the past 15 years, has been played by Gurudutt Heblekar. His participation made a valuable contribution in maintaining the purity of traditional tunes. The energetic singing by the youth accompanied by Arun Hattangadi on the tabla created a vibrant atmosphere. The introduction was made by Geeta Balse and the vote of thanks by Geeta Bijur.

Haladi Kumkum was organised in memory of

Smt. Shreemati Nadkarni and Panchakadai Prasad was distributed in memory of Smt. Laxmibai Belthangady. Refreshments, sponsored by Geeta Balse, were served in memory of Smt. Seeta Balse and Smt. Leela Kulkarny.

Forthcoming programmes:

· Sunday, 6<sup>th</sup> Sept.: Foundation Day Celebrations at 5.30 pm at Smt. Indirabai Kalyanpurkar Hall, Talmakiwadi. The well-known Human Development Facilitator, Arvind Nadkarni, will speak on; 'Interesting experiences in my career'.

· Tuesday, 22<sup>nd</sup> Sept.: Light music programme by Deepa Mangalore at 3.30 pm in the Samaj Hall. .

· Tuesday, 29<sup>th</sup> Sept.: Annual General Meeting at 3.30 pm in the Samaj Hall.

*Reported by Neeta Yadery*

**Saraswat Samaj, UK:** At this year's Samaj Satsang held on June 26, about 50 participants thoroughly enjoyed themselves. The altar, beautifully decorated with garlands of colourful chrysanthemums and fragrant jasmine, had PP Sadyojat Shankarashram Swamiji's photo in the centre with beautiful idols of Shri Ganesha, Lord Bhavanishankar and Shri Ram, Sita and Laxman.

The function started with a minute's silence in memory of Ashok Nadkarni who had passed away on March 26, 2009. Venkatesh Sthalekar, the President, then delivered the welcome address and requested the most senior couple present, Dr Bhalachandra and Smt. Tara Divekar, to light the *deepa*.

The proceedings, commencing with prayers, included a presentation by Kartik Kadle which provided an insight into the charitable activities undertaken by the 'Srivali Trust', Shri Chitrapur Math, Shirali; as also other Math projects - Parimochan, the newly-opened Museum and the Library, Yuvadharma, Shibirs and Prarthana classes. Deepanamaskar, recitation of Parijnanashram Trayodashi and Shankarnarayan Geet followed, after which there were devotional songs by singers as young as under-three (Saiesha Bailoor), to octogenarian Savitri Manjeshwar. Maha-Mangalarati, Mangalapada, concluding prayers and *prasad* brought to the blissful evening to a close.

*Reported by Shashi Bailoor*

## Gulvadi quartet performs in the Gulf



The siblings - Shobhana (Ullal) Rao, Shaila Hattangadi, Nirmla Jaishankar (Bondal) and Arun Gulwadi - performed ghazal and light music concerts in Salalah, Oman, on the evening of August 13, in Muscat on the 14<sup>th</sup>, and in Dubai (UAE) on the 15<sup>th</sup>. The Dubai event on August 15 was at the India Club.

There are four main types of handedness:

- *Right-handedness* is most common. Right-handed people are more dexterous with their right hands when performing a task.
- *Left-handedness* is less common than right-handedness. Left-handed people are more dexterous with their left hands when performing a task. About 8-15% of people are left-handed.
- *Mixed-handedness*, also known as cross-dominance, is being able to do different tasks better with different hands. For example, mixed-handed persons might write better with their left hand but throw a ball more efficiently with their right hand. However, many writers define handedness by the hand used for writing, so *mixed-handedness* is often neglected.
- *Ambidexterity* is exceptionally rare, although it can be learned. A true ambidextrous person is able to do any task equally well with either hand. Those who learn it still tend to sway towards their originally dominant hand.

(Source: Wikipedia)

## FASCINATING FACTS ABOUT LEFT-HANDERS

- ✎ Most left-handers draw figures facing to the right.
- ✎ There is a high tendency in twins for one to be left-handed.
- ✎ Stuttering and dyslexia occur more often in left-handers (particularly if they are forced to change their writing hand as a child, like King of England George VI).
- ✎ Left-handers adjust more readily to seeing underwater.
- ✎ Left-handers excel particularly in tennis, baseball, swimming and fencing.
- ✎ Left-handers usually reach puberty 4 to 5 months after right-handers.
- ✎ Four of the five original designers of the Macintosh computer were left-handed.
- ✎ One in four Apollo astronauts were left-handed: 250% more than the normal level.
- ✎ Left-handers are generally more intelligent, better looking, imaginative and multi-talented than right-handers (based on discussions among members of the Left-Handers Club)

(Source: <http://www.lefthandersday.com/tour6.html>)

## CLASSIFIEDS

### MATRIMONIALS

**Alliance** invited from SB/GSB girls for SB boy 5'5" aged 28, B.Sc./ Master (Australia) in Hospitality. Working in Australia in 5 Star Hotel. Girl should be graduate, family oriented, presentable, willing to work in Australia. Boy expected in Mumbai November 2009. Please respond with BHP (returnable) to Box No CL-3179, Kanara Saraswat Association, Mumbai - 400007.

**Wanted** professionally qualified bride for handsome well settled SB boy aged 30 years in California USA for detailed refer shadi.com ID-NISCH 1979

### ENGAGEMENTS

**Mavinkurve-Iyer:** Arjun, son of Shri Hemant and Late Smt. Neeti Mavinkurve of Vashi with Aruna, daughter of Smt. Mahalaxmi and Shri R. Venkatraman Iyer of Vashi on Jul 05, 2009.

**Hosangadi-Haridas:** Aneesh, son of Sheetal and late Mohan D. Hosangadi of Colaba, Mumbai with Chandrabha daughter of Sudha and Giridhar(Suneel) R. Haridas of Santacruz, Mumbai on 27th July 2009 at Mumbai. (R- 1593)

### BIRTH

**Son** Sachin born to Ruta and Sanjay in Chicago, USA on 28th July 2009. Grandson to Sujata and Ajit, Vijaya and N. Sudarshan Rao. Brother to Shivani and Isha and cousin to Rishi and Nephew to Ruhi Divgi and Avni Timothy.

### OBITUARY

**Baindur** Gurudas (born on August 23, 1952), youngest son of late Krishnabai and late Mangesh Shivrao Baindur of Dharwad, passed away suddenly on July 10, 2009 at Dharwad.

### PUROHIT

**H. Prashant** Bhat, B-17, Deepanjali CHS, BAF-Hira Nagar, Marve Road, Malad (West), Mumbai - 400095. Mobile No. 9820920671/9892614433.

## DOMESTIC TIDINGS

### BIRTHS

May 12 : A daughter (Avni) to Anjali and Ajit Anant Balnad at Bangalore.

July 9 : A daughter (Anya) to Smita and Pratik Kodial at Minneapolis, Minnesota State, USA.

July 28 : A son (Sachin) to Ruta (nee Divgi) and Sanjay Rao at Chicago, USA.

### OBITUARIES

Apr 2 : Dr. Nileshwar Sethurajarao (Raja) (80) in Tyler, Texas, U.S.A.

June12 : Dr. Kaikini Ashok Kumar Shripadrao (82) at Nagpur.

July 10 : Baindur Gurudas Mangesh (57) at Dharwar.

July 2 : Shanta Chandrashekhar Karnad (80) at Mumbai.

July 16 : Vatsala Mohan Koppikar (85) at Hyderabad.

July 17 : Vijaya Mangesh Nadkarni (69) at Dadar, Mumbai.

July 21 : Uma C. Bondal on (70) at Mangalore.

July 25 : Sumati Narayan Nadkarni (80) at Borivali.

July 31 : Padmini (Baby) Ramdas Padukone (nee Nadkarny) (75) at Bangalore.

Aug 3 : Uma Shivanand Vinekar (79) at Vile Parle, Mumbai.

Aug 15 : Mudbidri Sudhakar (Somashekhar) (72) at Santacruz (Saraswat Colony), Mumbai.

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